



Taekwondo Explanatory Guide

September 2019



ABOUT THIS SPORT EXPLANATORY GUIDE

Published in September 2019, the series of Sport Explanatory Guides offer an introduction to each sport and discipline at the Tokyo 2020 Paralympic Games and provide a variety of information to help teams in their planning and preparation for the Games. This guide is divided into several sections:

- An introduction to Tokyo and the Tokyo 2020 Paralympic Games
- Sport-specific details such as competition format, schedule, venue descriptions, rules, training and qualification criteria
- General information regarding accreditation, ticketing, accommodation, medical services, doping control and transport
- A directory of contact details, maps and the daily competition schedule for all sports

All information provided in this Sport Explanatory Guide was correct at the time of publication, but some details may have changed prior to the Games.

NPC representatives are advised to regularly check Tokyo 2020 Connect for the latest updates, especially regarding competition schedules.

Team Leaders' Guides explaining Games-time plans for sports in greater detail will be distributed to NPCs in July 2020.

WELCOME



On behalf of the Tokyo 2020 Organising Committee I am delighted to present the Taekwondo Explanatory Guide for the Tokyo 2020 Paralympic Games.

In line with the growing global focus on sustainability, Tokyo 2020 will distribute this publication to clients in an electronic-only format.

We are planning to provide facilities and services which will allow everyone to achieve all three of Tokyo 2020's core concepts: personal bests, unity in diversity, and connecting to tomorrow.

The Paralympic Village will greet athletes with comfort and warmth to allow them to perform at their peak while still enjoying Japan's traditions.

By adopting the best of Japanese culture and innovation, we aim to deliver world class venues ranging from state-of-the-art facilities, locations steeped in the history and legacy of Tokyo 1964, and spiritual homes of Japanese sport for athletes to provide a wonderful sporting spectacle for the world to share.

This guide was produced with the generous cooperation with World Taekwondo and the IPC, and we trust it will assist you in your preparations for the Games.

And when you arrive in Tokyo in August 2020 we promise to welcome you with our famous *omotenashi* (Japanese spirit of hospitality).

Kind regards,

A handwritten signature in Japanese calligraphy, reading '五反田 治' (Murofushi Koji).

Koji MUROFUSHI

Sport Director, Tokyo 2020

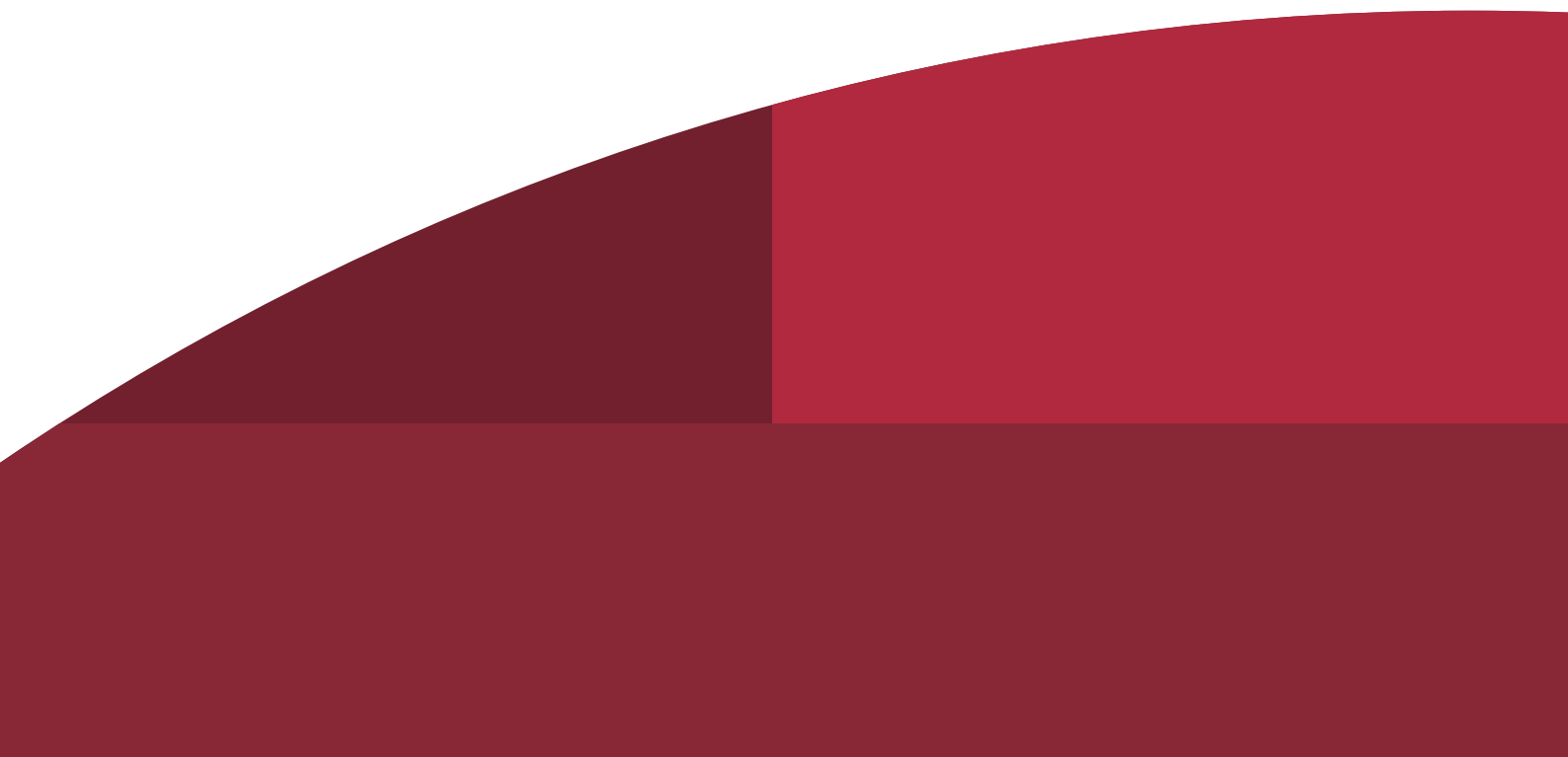
Table of contents

1. Introduction	06
Welcome to Tokyo 2020	07
Tokyo, then and now	07
The city's Paralympic heritage	08
Tokyo 2020	09
After the Games	13
2. Taekwondo overview	14
Taekwondo at the Paralympic Games	15
Key personnel	15
Taekwondo competition	16
Competition format	17
Rules	18
Duration and scoring	18
Clothing and equipment	19
Athlete Quiet Room	19
Competition schedule	20
Competition venue	26
Training venue	27
3. General information	28
Accreditation	29
Ticketing and accredited seating	34
Accommodation	34
Transport	37
Medical services	39
Anti-Doping	41
Classification	43
Repair services	44
Sport information	46
Medals and diplomas	47
Sport entries and qualification	47
4. Directory	48
The Tokyo Organising Committee of the Olympic and Paralympic Games (Tokyo 2020)	49
International Paralympic Committee (IPC)	50
World Taekwondo (WT)	51
All Japan Taekwondo Association (AJTA)	51
Tokyo 2020 - Paralympic Daily Competition Schedule	52

5. Maps for Taekwondo	54
Venue overview	55
Tokyo venue overview.....	56
Paralympic Village	57

1

Introduction



Welcome to Tokyo 2020

The Tokyo 2020 Paralympic Games will be a celebration of diversity and unity, traditions and technologies, reform and transformation, sustainability and the future. The following pages offer a brief introduction to Tokyo, Japan's Paralympic heritage, and how Japan as a mature society will harness the power of sport and bring positive changes that will benefit the host city, the nation and the world.

Tokyo, then and now

Tokyo is a city with 400 years of history and tradition. Ever since the Edo Shogunate was established in 1603 it has developed as the centre of politics in Japan and at the beginning of the 18th century, it became one of the world's largest cities with a population of over 1 million people. After the Meiji Restoration, Tokyo became the capital of Japan. Although it was reduced to ashes twice; first by the Great Kanto Earthquake of 1923 and then by the bombings of the World War II, it was always able to rebuild itself and has continued to evolve. Tokyo maintains excellent public safety and a high-quality living environment. While the city disseminates cutting-edge technologies and new culture and trends such as anime and fashion to the world, the chic culture of Edo is still very much alive. Such a unique blend of tradition and sophistication is the allure of Tokyo. The city has many faces - if you leave the centre with its rows of skyscrapers and visit the suburbs, you will find beautiful scenery abundant with greenery and water. The islands in the Pacific Ocean, particularly the Ogasawara Islands which were added to UNESCO's World Heritage List in 2011, are yet another face of Tokyo.

© Tokyo Metropolitan Government

Climate

Tokyo has a humid subtropical climate with warm, wet summers. From late July to early September, the average daily high is 29.2-31.1 degrees Celsius (84.6-88.0 degrees Fahrenheit) and the average low is 21.8-23.3 degrees Celsius (71.2-73.9 degrees Fahrenheit), with relative humidity ranging from approximately 60 per cent to approximately 80 per cent. The average monthly rainfall during August is 168 millimetres. The prevailing winds are from the south-west. Gale-force winds (34 knots or more for a period of 10 minutes, or gusts exceeding 43 knots) are rare, and mostly caused by typhoons. The average daylight hours in Tokyo at Games time (July to September) are from 05:00 to 18:00. Earthquakes perceptible to most people walking or stronger are rare, occurring on average less than once a year between 1998 and 2017 in Tokyo.

For more extensive information please refer to the 'Climate and Weather Guide for Tokyo 2020 Olympic and Paralympic Games' which is available on Tokyo 2020 Connect (July 2019).

Tokyo in 2020

Population:
13,843,403 (est. Oct 2018)

Area:
2,191km² (Japan: 377,972km²)

Official Language:
Japanese

Latitude and longitude:
35°39'29" N, 139°44'28" E

Currency:
JPY (Japanese yen)

Altitude:
24m

Local Time:
Greenwich Mean Time (GMT) +9 hrs

Government:
Tokyo Metropolitan Government
(www.metro.tokyo.jp/english/index.html)

The city's Paralympic heritage

On 10 October 1964, the Games of the XVIII Olympiad began with the Opening Ceremony at Kasumigaoka National Stadium after which 5,133 athletes from 93 nations and regions demonstrated their exceptional abilities in 163 events across 20 sporting competitions. Following the Olympic Games, the Tokyo 1964 Paralympic Games were held from 8 to 12 November with 143 events across 9 sports and 266 participants from 20 countries. They were the first ever Olympic and Paralympic Games held in Asia and were an enormous success. In conjunction with these momentous events, Tokyo experienced dramatic development from its post-war infrastructure, including the construction of the Metropolitan Expressway and the Tokaido Shinkansen railway (the original “bullet train”). This type of major progress in its capital served as a stepping stone for an era of rapid economic growth in Japan and demonstrated to the world its miraculous restoration.

In 2020 Tokyo will become the first city to host the Paralympic Games for the second time and the Games will serve as a wonderful opportunity to embrace diversity. People from all over the world, with and without impairments, will gather in Tokyo. The Tokyo 2020 Paralympic Games will enable many people to witness the dynamic and breath-taking performances of Para athletes, gain a real understanding of the rights and dignity of all people, and serve as a catalyst for Japan to become a fully inclusive society.

Tokyo 2020

The Paralympic Games in Brief

Sports:
22

Days of competition:
12

Disciplines:
23

Competition sessions:
299

Medal events:
540

Paralympic Village Official Opening:
18 August 2020

Athletes:
4,400

Opening Ceremony:
25 August 2020

Competition venues:
21

Closing Ceremony:
6 September 2020

Competition venues

Many existing venues will be used for the Tokyo 2020 Games including several legacy venues from the Tokyo 1964 Games. A total of 21 venues in Tokyo will be used for the 2020 Games.

Infinite Excitement

The venue plan for the Tokyo 2020 Olympic and Paralympic Games consists predominantly of two thematic and operational zones: the Heritage Zone which houses several iconic venues used at Tokyo 1964 and further sustain its enduring legacy; and the Tokyo Bay Zone which serves as a model for innovative urban development and symbolises the exciting future of the city. These two zones expand across the city to form an 'infinity' symbol with the Athletes' Village positioned at the point where the two zones intersect - at the physical and spiritual heart of the Games. The 'infinity' symbol embodies the boundless passion, commitment and inspiration of the world's elite athletes, the limitless potential of future generations, and the lasting legacy that will be passed on to the people of Tokyo, Japan and the world.

Heritage Zone

- ❶ Olympic Stadium:
Opening and Closing Ceremonies,
Athletics
- ❷ Tokyo Metropolitan Gymnasium:
Table Tennis
- ❸ Yoyogi National Stadium:
Badminton,
Wheelchair Rugby
- ❹ Nippon Budokan:
Judo
- ❺ Tokyo International Forum:
Powerlifting
- ❻ Equestrian Park:
Equestrian
- ❼ Musashino Forest Sport Plaza:
Wheelchair Basketball

Tokyo Bay Zone

- ❽ Ariake Arena:
Wheelchair Basketball
- ❾ Ariake Gymnastics Centre:
Boccia
- ❿ Ariake Tennis Park:
Wheelchair Tennis
- ⓫ Odaiba Marine Park:
Triathlon
- ⓬ Aomi Urban Sports Park:
Football 5-a-side
- ⓭ Sea Forest Waterway:
Canoe Sprint,
Rowing
- ⓮ Yumenoshima Park Archery Field:
Archery
- ⓯ Tokyo Aquatics Centre:
Swimming
- ⓰ Makuhari Messe Hall A:
Sitting Volleyball
- ⓱ Makuhari Messe Hall B:
Taekwondo,
Wheelchair Fencing
- ⓲ Makuhari Messe Hall C:
Goalball

Other Venues

- ⑲ Asaka Shooting Range:
Shooting
- ⑳ Izu Velodrome:
Cycling Track
- ㉑ Fuji International Speedway:
Cycling Road

READY STEADY TOKYO

Tokyo 2020 test events are branded as “READY STEADY TOKYO” and aim to express the excitement that continues to build as the Olympic and Paralympic Games Tokyo 2020 edge closer. The events began in autumn 2018 and will run until May 2020. Fifty-six test events in total will be held - some during scheduled international sporting events already taking place in Japan during the build-up to the Tokyo 2020 Games, with others comprising dedicated Olympic and Paralympic test competitions organised by Tokyo 2020.

The test events will give organisers and the Japanese public the opportunity to experience sporting events in the Olympic and Paralympic venues, in some cases for the first time. Other events will allow the Japanese public to get a glimpse of the world's best athletes in those disciplines, including potential Olympic and Paralympic Games competitors, in an exciting chance to discover new sports and new heroes ahead of the Games.

For Tokyo 2020, the objective of the test events will be to provide its management and operational staff with hands-on experience of running events and allow them to collaborate with delivery partners to ensure the smooth operation of the Games.

The test event calendar will be implemented in three waves, with the first focusing on outdoor sports and due to be held between June and September 2019. A second series of test events will be held from October 2019 to February 2020, with a final series taking place between March and May 2020, which will primarily focus on the confirmation of communication and reporting lines.

For more details, see <https://tokyo2020.org/en/games/sport/testevents/>

Tokyo 2020 Cultural Olympiad

The Olympic and Paralympic Games are not only a celebration of sport, they are also a cultural festival. As the grand finale of the Tokyo 2020 Participation Programme the Tokyo 2020 Organising Committee aims to increase momentum and excitement to the highest levels by hosting the Tokyo 2020 Nippon Festival, which will promote Japan's diverse culture to domestic and global audiences.

The Tokyo 2020 Nippon Festival is the official Cultural Olympiad of the Tokyo 2020 Games and will be held from April to September 2020 when the eyes of the world will be on Tokyo and Japan. Along with expressing Japanese culture, the festival will serve as an opportunity to engage a diverse array of people and encourage a wide range of interactions as part of its aim to realise a fully-inclusive society, engage as many people as possible in the Tokyo 2020 Games through cultural and artistic activities, and raise expectation levels for the Games.

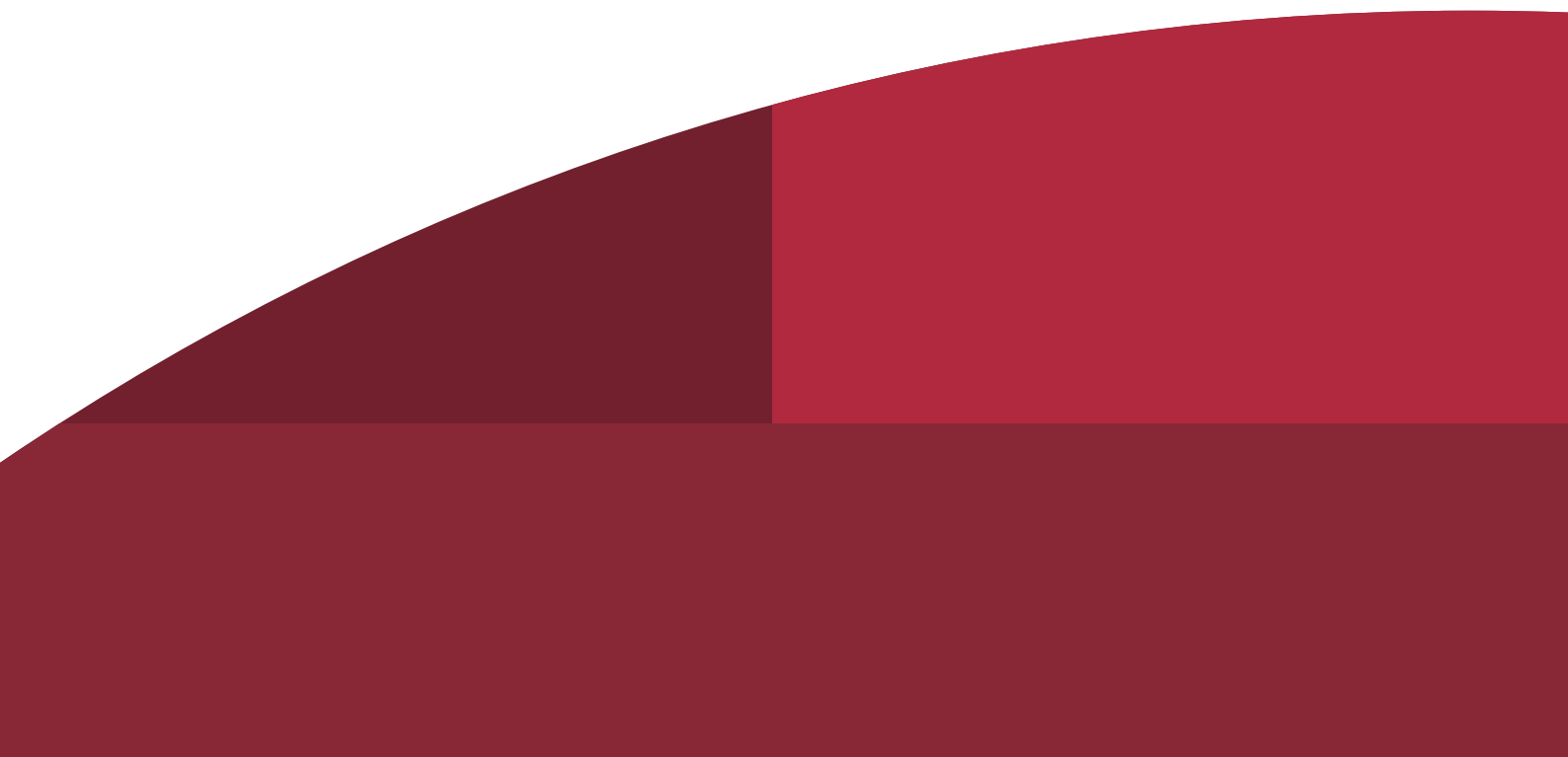
After the Games

The Tokyo 2020 Games are more than a sporting tournament. The success of the Games also depends on the positive legacies that the Games will leave Japan and the world in a diverse variety of fields other than sport.

The Tokyo 2020 Organising Committee is collaborating with multiple stakeholders to promote a range of projects that will leave a host of enduring legacies based on the five core themes that make up the Tokyo 2020 Action and Legacy Plan: Sport and Health; Urban Planning and Sustainability; Culture and Education; Economy and Technology; and Recovery, Nationwide Benefits and Global Communication. With a successful delivery of the Games, the Tokyo 2020 Organising Committee will leave a wealth of lasting legacies across a broad range of areas to future generations.

2

Taekwondo overview



Taekwondo at the Paralympic Games

Taekwondo is a martial art that originated in Korea, and the word literally means “the way of using foot and hand”. As a full-contact sport, it is well known for fast and dynamic kicks and punches. Individual competition was first highlighted as a modern combat sport, followed by the successful debut of team competition on the global sports stage. The World Taekwondo (WT) was founded as the sport's international governing body in 1973, when the first world championships were staged in Seoul, Republic of Korea. Since then, cutting-edge technologies have been adopted and the rules have been developed to showcase the dynamism and beauty of the sport, ensuring fairness and athlete safety. Building on Taekwondo's global popularity, WT formed the Para-Taekwondo Committee in 2005 in an effort to develop and promote the sport to athletes with an impairment. In 2006, Taekwondo began developing the 'kyorugi' discipline for arm amputee and limb deficiency athletes and in 2014 the 'poomsae' discipline was introduced for athletes with intellectual impairments. In 2015 athletes with neurological impairments were given an international stage to compete on, and development for Visually Impaired athletes and wheelchair users is ongoing. WT became recognised by the International Paralympic Committee (IPC) on 16 October 2013, reflecting the federation's progress and ongoing work in developing Taekwondo as a sport for athletes with an impairment. On 31 January 2015 Para Taekwondo was confirmed for the Tokyo 2020 Paralympic Games program and will make its long-awaited debut as a full medal event at the Games.

Key personnel

World Taekwondo (WT)

IF Technical Delegate:

Chakir Chelbat (SWE)

Tokyo 2020 competition management

Taekwondo Sport Manager:

Hiroaki Onohara (JPN)

Para Taekwondo Sport Manager:

Karen Yuchi Huang (TPE)

Taekwondo Service Manager:

Marise Naganeo (JPN)

Taekwondo Technical Operations Manager:

Nobuyuki Takagi (JPN)



Hiroaki Onohara

Taekwondo Sport Manager, Tokyo 2020

Deeply fascinated by the dynamic nature of Taekwondo, Hiroaki Onohara began his involvement in the sport's competition management processes as a member of the board of directors of the All Japan Taekwondo Association (AJTA). While he mainly managed public relations of the sport for AJTA, utilising his experience from a previous long-term career in the advertising industry, he also became engaged in the organization of national Taekwondo competitions in Japan. When Onohara joined the Tokyo 2020 team in early 2016 as Taekwondo sport manager, he began regularly observing international events hosted by World Taekwondo (WT). Dedicated to successfully organising the Tokyo 2020 Taekwondo competitions, he is hoping to help advance a new era of the sport for its Paralympic debut.

For details of how to contact the Tokyo 2020, IPC, WT and AJTA, see p48-51 (Directory)

Taekwondo competition

The Taekwondo competition at the Tokyo 2020 Paralympic Games will be held from Thursday 3 September to Saturday 5 September 2020 at Makuhari Messe Hall B. The competition will consist of six (6) medal events, summarised below:

Medal events

Men (3)	Women (3)
K44 -61kg	K44 -49kg
K44 -75kg	K44 -58kg
K44 +75kg	K44 +58kg

A total of 72 athletes, 36 men and 36 women, may take part in the Taekwondo competition. For details of the qualification requirements, see p47 (Sport entries and qualification).

Competition format

The competition in each weight category will consist of a single-elimination tournament with full repechage for bronze medal contests. The winner of the final contest will be awarded the gold medal, with the loser receiving the silver medal.

All eliminated competitors will have a second chance to compete for a bronze medal through the full repechage system.

Draw

The draw for the Taekwondo competition will be conducted on 1 September 2020, two (2) days before the start of competition, by WT officials. Athletes will be seeded in accordance with the WT Standing Procedures for the Paralympic Games.

Weigh-ins

Taekwondo weigh-ins will take place at the Makuhari Messe Hall B competition venue. The general weigh-in occurs one day prior to competition for each medal event:

Date	Categories	Time
2 September 2020	Women's K44 -49kg Men's K44 -61kg	10:00-12:00
3 September 2020	Women's K44 -58kg Men's K44 -75kg	10:00-12:00
4 September 2020	Women's K44 +58kg Men's K44 +75kg	10:00-12:00

A random weigh-in will also take place at Makuhari Messe Hall B on the day of competition. For the random weigh-in, 25 per cent of athletes from the weight divisions (women's K44 -49kg, women's K44 -58kg, men's K44 -61kg, and men's K44 -75kg) will be randomly selected by a computerised system. It will be conducted with up to five (5) per cent tolerance of the athlete's weight category. All athletes who passed the general weigh-in, and are chosen for the random weigh-in, must be present for the random weigh-in at least two (2) hours before the start of competition. Should an athlete fail to appear for the random weigh-in, they will be disqualified. The random weigh-in process must be completed at least thirty (30) minutes prior to the start of competition.

Rules

The Taekwondo competition will be held in accordance with the editions of the following documents that are in force at the time of the Games:

WT Para Taekwondo Competition Rules

www.worldtaekwondo.org/rules

WT Standing Procedures for Taekwondo Competition at Paralympic Games

www.worldtaekwondo.org/rules

The IPC Handbook

www.paralympic.org/the-ipc/handbook

WT, working with Tokyo 2020 competition management, will be responsible for the technical control and direction of the Taekwondo competition at the Tokyo 2020 Paralympic Games.

Duration and scoring

In accordance with WT rules, Taekwondo contests for both men and women at the Tokyo 2020 Paralympic Games will consist of three (3) rounds of two (2) minutes, with one (1) minute breaks between rounds. If the scores are tied after the third round, a fourth round of two (2) minutes will be conducted as the 'golden round' to decide the winner.

Taekwondo uses the Protector and Scoring System (PSS) and an Instant Video Replay (IVR) system to assist with scoring and 'deduction points' are added to the opponent's score rather than deducted from the score of the penalised competitor. Competition is managed by one (1) referee, three (3) judges, one (1) review jury and one (1) technical assistant.

Each competitor's score is the sum of the points scored in all three (3) rounds, taking all Gam-jeom (deduction penalties) into account. If a competitor is given ten (10) Gam-jeom, the contest stops and the other competitor is declared the winner.

The valid points are as follows:

- two (2) points for a valid kick to the trunk protector
- three (3) points for a valid turning kick to the trunk protector
- four (4) points for a valid spinning kick to the trunk protector
- one (1) point awarded for every deduction penalty given to the opponent

In the event of a 20-point difference between competitors at the end of the second (2nd) round or at any time during the third (3rd) round, the referee shall stop the contest and declare the winner by point gap (PTG). The athlete that first reaches forty (40) points at any time during the match will be declared the winner by point sealing (PTS). However, win by point gap and point sealing shall not apply in semifinals, bronze medal and gold medal contests.

Clothing and equipment

Clothing and equipment used by athletes and other participants in the Taekwondo competition at the Paralympic Games must comply with the documents listed below:

WT Competition Rules & Interpretation

www.worldtaekwondo.org/rules with particular reference to Article 4: Contestant

WT Standing Procedures for Taekwondo Competition at Paralympic Games

www.worldtaekwondo.org/rules

The IPC Handbook

www.paralympic.org/the-ipc/handbook

The IPC Manufacturer Identification Guidelines for the Tokyo 2020 Paralympic Games

www.paralympic.org/tokyo-2020/guides-and-policies

Athlete Quiet Room

The Athlete Quiet Room is a space for athletes to calm their emotions and relax before competition. Competitors who use the Athlete Quiet Room understand the need to respect fellow athletes and maintain silence. The space will be located near the final call room in the venue.

Competition schedule

Day 9			Thu 3 Sep		
Session TKW01			Start:10:00	End:15:00	Makuhari Messe Hall B
Time		Total	Event name		
10:00	- 10:15	0:15	Women K44 -49kg Round of 16		
10:15	- 10:30	0:15	Men K44 -61kg Round of 16		
10:30	- 10:45	0:15	Women K44 -49kg Round of 16		
10:45	- 11:00	0:15	Men K44 -61kg Round of 16		
11:00	- 11:15	0:15	Women K44 -49kg Round of 16		
11:15	- 11:30	0:15	Men K44 -61kg Round of 16		
11:30	- 11:45	0:15	Women K44 -49kg Round of 16		
11:45	- 12:00	0:15	Men K44 -61kg Round of 16		
12:00	- 12:15	0:15	Women K44 -49kg Quarterfinal		
12:15	- 12:30	0:15	Men K44 -61kg Quarterfinal		
12:30	- 12:45	0:15	Women K44 -49kg Quarterfinal		
12:45	- 13:00	0:15	Men K44 -61kg Quarterfinal		
13:00	- 13:15	0:15	Women K44 -49kg Quarterfinal		
13:15	- 13:30	0:15	Men K44 -61kg Quarterfinal		
13:30	- 13:45	0:15	Women K44 -49kg Quarterfinal		
13:45	- 14:00	0:15	Men K44 -61kg Quarterfinal		
14:00	- 14:15	0:15	Women K44 -49kg Repechage Quarterfinal		
14:15	- 14:30	0:15	Men K44 -61kg Repechage Quarterfinal		
14:30	- 14:45	0:15	Women K44 -49kg Repechage Quarterfinal		
14:45	- 15:00	0:15	Men K44 -61kg Repechage Quarterfinal		

Session TKW02		Start:17:00	End:22:10	Makuhari Messe Hall B
Time	Total	Event name		
17:00 - 17:15	0:15	Women K44 -49kg Repechage Quarterfinal		
17:15 - 17:30	0:15	Men K44 -61kg Repechage Quarterfinal		
17:30 - 17:45	0:15	Women K44 -49kg Repechage Quarterfinal		
17:45 - 18:00	0:15	Men K44 -61kg Repechage Quarterfinal		
18:00 - 18:15	0:15	Women K44 -49kg Semifinal		
18:15 - 18:30	0:15	Men K44 -61kg Semifinal		
18:30 - 18:45	0:15	Women K44 -49kg Semifinal		
18:45 - 19:00	0:15	Men K44 -61kg Semifinal		
19:00 - 19:15	0:15	Women K44 -49kg Repechage Semifinal		
19:15 - 19:30	0:15	Men K44 -61kg Repechage Semifinal		
19:30 - 19:45	0:15	Women K44 -49kg Repechage Semifinal		
19:45 - 20:00	0:15	Men K44 -61kg Repechage Semifinal		
20:00 - 20:15	0:15	Women K44 -49kg Bronze Medal Contest		
20:15 - 20:30	0:15	Men K44 -61kg Bronze Medal Contest		
20:30 - 20:45	0:15	Women K44 -49kg Bronze Medal Contest		
20:45 - 21:00	0:15	Men K44 -61kg Bronze Medal Contest		
21:00 - 21:15	0:15	Women K44 -49kg Gold Medal Contest		
21:15 - 21:30	0:15	Men K44 -61kg Gold Medal Contest		
21:30 - 21:50	0:20	Women K44 -49kg Victory Ceremony		
21:50 - 22:10	0:20	Men K44 -61kg Victory Ceremony		

Day 10		Fri 4 Sep		
Session TKW03		Start:10:00	End:15:00	Makuhari Messe Hall B
Time	Total	Event name		
10:00 - 10:15	0:15	Women K44 -58kg Round of 16		
10:15 - 10:30	0:15	Men K44 -75kg Round of 16		
10:30 - 10:45	0:15	Women K44 -58kg Round of 16		
10:45 - 11:00	0:15	Men K44 -75kg Round of 16		
11:00 - 11:15	0:15	Women K44 -58kg Round of 16		
11:15 - 11:30	0:15	Men K44 -75kg Round of 16		
11:30 - 11:45	0:15	Women K44 -58kg Round of 16		
11:45 - 12:00	0:15	Men K44 -75kg Round of 16		
12:00 - 12:15	0:15	Women K44 -58kg Quarterfinal		
12:15 - 12:30	0:15	Men K44 -75kg Quarterfinal		
12:30 - 12:45	0:15	Women K44 -58kg Quarterfinal		
12:45 - 13:00	0:15	Men K44 -75kg Quarterfinal		
13:00 - 13:15	0:15	Women K44 -58kg Quarterfinal		
13:15 - 13:30	0:15	Men K44 -75kg Quarterfinal		
13:30 - 13:45	0:15	Women K44 -58kg Quarterfinal		
13:45 - 14:00	0:15	Men K44 -75kg Quarterfinal		
14:00 - 14:15	0:15	Women K44 -58kg Repechage Quarterfinal		
14:15 - 14:30	0:15	Men K44 -75kg Repechage Quarterfinal		
14:30 - 14:45	0:15	Women K44 -58kg Repechage Quarterfinal		
14:45 - 15:00	0:15	Men K44 -75kg Repechage Quarterfinal		

Session TKW04		Start:17:00	End:22:10	Makuhari Messe Hall B
Time	Total	Event name		
17:00 - 17:15	0:15	Women K44 -58kg Repechage Quarterfinal		
17:15 - 17:30	0:15	Men K44 -75kg Repechage Quarterfinal		
17:30 - 17:45	0:15	Women K44 -58kg Repechage Quarterfinal		
17:45 - 18:00	0:15	Men K44 -75kg Repechage Quarterfinal		
18:00 - 18:15	0:15	Women K44 -58kg Semifinal		
18:15 - 18:30	0:15	Men K44 -75kg Semifinal		
18:30 - 18:45	0:15	Women K44 -58kg Semifinal		
18:45 - 19:00	0:15	Men K44 -75kg Semifinal		
19:00 - 19:15	0:15	Women K44 -58kg Repechage Semifinal		
19:15 - 19:30	0:15	Men K44 -75kg Repechage Semifinal		
19:30 - 19:45	0:15	Women K44 -58kg Repechage Semifinal		
19:45 - 20:00	0:15	Men K44 -75kg Repechage Semifinal		
20:00 - 20:15	0:15	Women K44 -58kg Bronze Medal Contest		
20:15 - 20:30	0:15	Men K44 -75kg Bronze Medal Contest		
20:30 - 20:45	0:15	Women K44 -58kg Bronze Medal Contest		
20:45 - 21:00	0:15	Men K44 -75kg Bronze Medal Contest		
21:00 - 21:15	0:15	Women K44 -58kg Gold Medal Contest		
21:15 - 21:30	0:15	Men K44 -75kg Gold Medal Contest		
21:30 - 21:50	0:20	Women K44 -58kg Victory Ceremony		
21:50 - 22:10	0:20	Men K44 -75kg Victory Ceremony		

Day 11		Sat 5 Sep		
Session TKW05		Start:10:00	End:15:00	Makuhari Messe Hall B
Time	Total	Event name		
10:00 - 10:15	0:15	Women K44 +58kg Round of 16		
10:15 - 10:30	0:15	Men K44 +75kg Round of 16		
10:30 - 10:45	0:15	Women K44 +58kg Round of 16		
10:45 - 11:00	0:15	Men K44 +75kg Round of 16		
11:00 - 11:15	0:15	Women K44 +58kg Round of 16		
11:15 - 11:30	0:15	Men K44 +75kg Round of 16		
11:30 - 11:45	0:15	Women K44 +58kg Round of 16		
11:45 - 12:00	0:15	Men K44 +75kg Round of 16		
12:00 - 12:15	0:15	Women K44 +58kg Quarterfinal		
12:15 - 12:30	0:15	Men K44 +75kg Quarterfinal		
12:30 - 12:45	0:15	Women K44 +58kg Quarterfinal		
12:45 - 13:00	0:15	Men K44 +75kg Quarterfinal		
13:00 - 13:15	0:15	Women K44 +58kg Quarterfinal		
13:15 - 13:30	0:15	Men K44 +75kg Quarterfinal		
13:30 - 13:45	0:15	Women K44 +58kg Quarterfinal		
13:45 - 14:00	0:15	Men K44 +75kg Quarterfinal		
14:00 - 14:15	0:15	Women K44 +58kg Repechage Quarterfinal		
14:15 - 14:30	0:15	Men K44 +75kg Repechage Quarterfinal		
14:30 - 14:45	0:15	Women K44 +58kg Repechage Quarterfinal		
14:45 - 15:00	0:15	Men K44 +75kg Repechage Quarterfinal		

Session TKW06		Start:17:00	End:22:10	Makuhari Messe Hall B
Time	Total	Event name		
17:00 - 17:15	0:15	Women K44 +58kg Repechage Quarterfinal		
17:15 - 17:30	0:15	Men K44 +75kg Repechage Quarterfinal		
17:30 - 17:45	0:15	Women K44 +58kg Repechage Quarterfinal		
17:45 - 18:00	0:15	Men K44 +75kg Repechage Quarterfinal		
18:00 - 18:15	0:15	Women K44 +58kg Semifinal		
18:15 - 18:30	0:15	Men K44 +75kg Semifinal		
18:30 - 18:45	0:15	Women K44 +58kg Semifinal		
18:45 - 19:00	0:15	Men K44 +75kg Semifinal		
19:00 - 19:15	0:15	Women K44 +58kg Repechage Semifinal		
19:15 - 19:30	0:15	Men K44 +75kg Repechage Semifinal		
19:30 - 19:45	0:15	Women K44 +58kg Repechage Semifinal		
19:45 - 20:00	0:15	Men K44 +75kg Repechage Semifinal		
20:00 - 20:15	0:15	Women K44 +58kg Bronze Medal Contest		
20:15 - 20:30	0:15	Men K44 +75kg Bronze Medal Contest		
20:30 - 20:45	0:15	Women K44 +58kg Bronze Medal Contest		
20:45 - 21:00	0:15	Men K44 +75kg Bronze Medal Contest		
21:00 - 21:15	0:15	Women K44 +58kg Gold Medal Contest		
21:15 - 21:30	0:15	Men K44 +75kg Gold Medal Contest		
21:30 - 21:50	0:20	Women K44 +58kg Victory Ceremony		
21:50 - 22:10	0:20	Men K44 +75kg Victory Ceremony		

Competition venue

Makuhari Messe Hall B

2-2-1 Nakase
Mihama-ku Chiba
Japan

Makuhari Messe is one of Japan's largest convention centres. It is a multi-purpose venue in the Tokyo Bay Zone and apart from Taekwondo, Makuhari Messe Hall B will also host Wheelchair Fencing at Tokyo 2020. Sitting Volleyball will be held at Makuhari Messe Hall A while the Goalball competition is in Makuhari Messe Hall C. For the Olympic Games, Taekwondo and Wrestling competitions will be held at Makuhari Messe Hall A. The Paralympic Games gross capacity of Makuhari Messe Hall B for Taekwondo will be 7,000.

Field of play

The field of play for the Taekwondo competition at Makuhari Messe Hall B will contain one (1) competition court comprised of a contest area and a safety area. The competition area will be square-shaped with size no smaller than 10m x 10m and no larger than 12m x 12m. At the centre of the competition area will be the 8m x 8m octagonal-shaped contest area. The boundary line between the contest area and safety area is marked by a 60 centimetre-wide line. The competition area and all equipment will be presented in accordance with WT rules.

Facilities

The competition venue will have a warm-up area consisting of four (4) matted spaces close to the first call room. Between the warm-up area and the field of play is the final call room, where athletes wait before entering the field of play.

Other facilities at the competition venue will include:

- changing rooms and showers (separate facilities for men and women)
- lounges for athletes and technical officials
- catering services for athletes and technical officials
- internet access in designated areas
- mixed zone where accredited media interview athletes after competition
- athlete quiet room
- sport information desk (see p46 Sport information)
- medical services (see p39 Medical services)
- doping control station (see p41 Anti-Doping)
- 10 massage booths
- uniform room

Training venue

Meguro Chuo Gymnasium

5-22-8 Megurohon-cho
Meguro-ku Tokyo
Japan

Training for the Taekwondo competition will take place at Meguro Chuo Gymnasium. The entire building will be used for Taekwondo training and unavailable for public use during the Paralympic Games. The venue will be open from Tuesday 18 August to Saturday 5 September 2020.

Taekwondo equipment available at Meguro Chuo Gymnasium will include:

- mats
- warm-up area
- training room
- training equipment

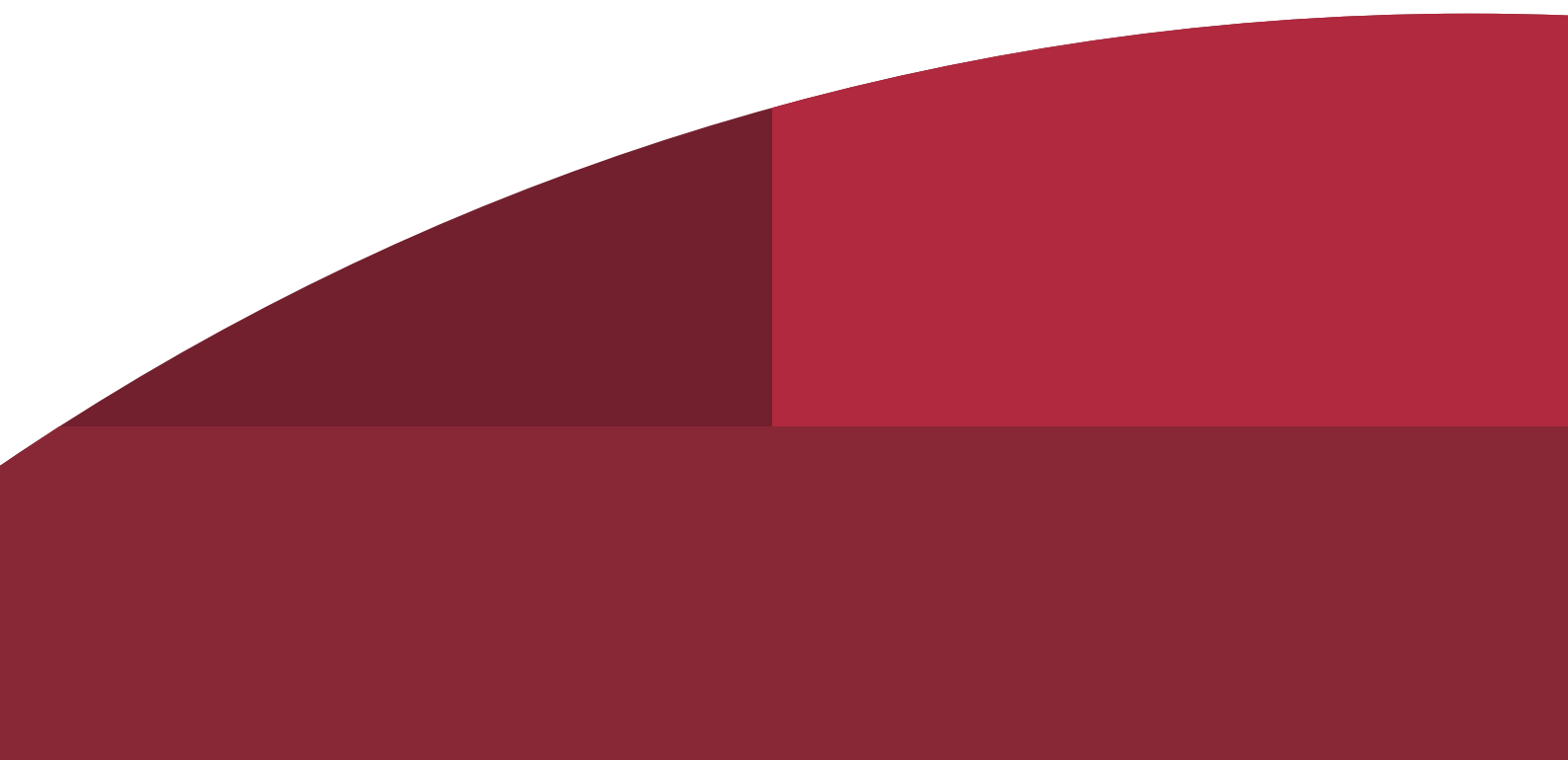
Other facilities will include:

- reception
- athlete lounge
- press room
- changing rooms and showers (separate facilities for men and women)
- training room
- sport equipment storage
- scale
- refreshment services
- medical services

All training equipment will be approved by WT and the IPC and will comply with the IPC Handbook.

3

General information



Accreditation

Overview

The National Paralympic Committees (NPCs) are responsible for completing the registration process for all members of its delegation. This includes:

- athletes
- athlete competition partners
- team management
- team officials including veterinarians and grooms
- training partners and personal coaches
- NPC Presidents and Secretaries General
- dignitaries
- guests
- horse owners
- drivers
- press
- recipients of Paralympic Village Guest Passes

The registration process for all populations will be completed using the Accreditation, Sport Entries and Guest Pass functionalities of the Tokyo 2020 Games Management System (GMS).

The Paralympic Identity and Accreditation Card (PIAC) is the official document that identifies each person participating in the Paralympic Games and ensures that they are granted appropriate access to Games venues so they can fulfil their roles. The accreditation process also ensures that Games participants are granted entry to Japan for the period of the Games.

Full details of the accreditation process for the Tokyo 2020 Paralympic Games, including categories, quotas, entitlements and policies will be published in the NPC Accreditation Manual in January 2020. The IPC's Accreditation at the Paralympic Games Detailed Specifications (July 2019) is a useful reference document.

Sport Entries is a fundamental part of the registration process for athletes. The number of athletes in an NPC delegation determines the number of accreditations available to the NPC for many other populations, especially for team officials.

Below is the accreditation timeline for NPCs:

Date	Activity
6 January 2020	Tokyo 2020 publishes the NPC Accreditation Manual and associated registration materials on Tokyo 2020 Connect Accreditation functionality of Tokyo 2020 GMS opens (NPCs will only be provided with access after completing and returning Responsible Organisation Undertaking and User Account Request forms)
8 May 2020	Deadline for NPCs to submit all applications for accreditation (all categories) through Tokyo 2020 GMS
Late May - early June 2020	Pre-Delegation Registration Meetings (Pre-DRMs)
From June 2020	Tokyo 2020 produces and dispatches Pre-Valid Cards (PVCs) to NPCs
24 April - 6 October 2020	PVCs valid as an entry document for Japan
15-23 August 2020	Delegation Registration Meetings (DRMs) at the Paralympic Village Team Processing Centre
18 August 2020	Start of PVC validation for NPC delegation members at Tokyo International Airport (Haneda) and Narita International Airport, and at other accreditation facilities (participants will only be able to validate after completion of their NPC's DRM)
25 August - 6 September 2020	Tokyo 2020 Paralympic Games

Application process

It is the NPC's responsibility to appropriately register athletes, team officials, dignitaries and press from its territory, in compliance with the defined roles detailed in the IPC's Accreditation at the Paralympic Games Detailed Specifications (July 2019).

Applications for accreditation for all NPC delegation members must be submitted to Tokyo 2020 no later than 8 May 2020 to ensure the Pre-Valid Cards (PVCs) can be produced and dispatched for delivery to the NPC before the departure of delegates travelling to the Games.

NPCs should collect and submit through the Tokyo 2020 GMS Accreditation functionality the required personal information from all potential members of the NPC delegation, including all athletes, competition partners and team officials on the 'long list'.

A complete application for accreditation consists of the personal information required on the application form, and a digital photograph of the applicant that meets specifications. A document explaining details of the required data fields, acceptable identity documents and photograph specifications can be found on Tokyo 2020 Connect.

Conditions of Participation Agreements

As required by the IPC, all NPC delegation members must complete and sign a 'Conditions of Participation Agreement', acknowledging their compliance with the IPC and International Federation (IF) rules regarding Games participation, and the World Anti-Doping Code.

Each individual applicant must provide their original signature onto a hard copy of the Conditions of Participation Agreement. The form will be available in English only. The NPC President, Secretary General or Chef de Mission must countersign each form (electronic signatures and signature stamps will not be accepted). Each form must also contain the NPC's official stamp.

It is still to be confirmed, but NPCs may submit either the completed hard-copy Conditions of Participation Agreements, or scanned copies in individual PDF files, to the Tokyo 2020 Accreditation team. They must all be returned at, or prior to, each NPC's Delegation Registration Meeting (DRM). When submitting hard-copies NPCs are strongly encouraged to return the forms to Tokyo 2020 by secure/tracked post, or in person if the opportunity arises, such as an NPC visit to Tokyo or the Pre-DRMs.

Submitting the completed Conditions of Participation Agreements prior to the DRM will ensure that the Accreditation section of the DRM can be completed promptly and that delegation members will not be delayed when validating their accreditation and entering the Paralympic Village. Accreditation cannot be validated until the Conditions of Participation Agreement has been received and confirmed in Tokyo 2020 GMS.

In addition to the Conditions of Participation Agreement:

- The parent/legal guardian of participants in any category who have not reached the age of majority pursuant to the laws applicable in the participant's country of residence on the date of signing the Conditions of Participation Agreement must complete and sign a Parent/Legal Guardian Acknowledgement of Consent for Minors form.
- The legal guardian of athletes who do not have legal capacity pursuant to the laws applicable in the participant's country of residence on the date of signing the Conditions of Participation Agreement must complete and sign a Legal Guardian Acknowledgement of Consent for Athletes without Legal Capacity form.

Failure to sign these forms where relevant will result in the participant not being allowed to take part in the Tokyo 2020 Paralympic Games.

Pre-Valid Cards and entry into Japan

The Tokyo 2020 Accreditation team will produce Pre-Valid Cards (PVCs) for all NPC delegates whose attendance at the Games has been confirmed during the Pre-DRMs. The production and distribution process will commence as soon as the Pre-DRMs have been completed.

PVCs will be dispatched to a single location, usually the NPC's head office. It is the responsibility of each NPC to distribute the PVCs to their delegation members before they travel to Japan for the Games.

The PIAC in the PVC format will serve as an entry document to Japan when accompanied by a valid passport or travel document from 24 April to 6 October 2020, for a maximum stay of 90 consecutive days. The PIAC will facilitate entry into Japan only; accredited Games participants coming to Japan via another country are responsible for obtaining the necessary documentation for entry/transit into that country if required for their nationality.

The PVC/PIAC is valid for multiple entries between these dates. The same passport or travel document used in the application for accreditation should be presented with the PVC/PIAC upon every entry into Japan.

The PVC/PIAC is valid in this way for all nationalities, through all ports of entry. Delegation members should travel with their PVC in their hand luggage ready for inspection with their passport or travel document by their airline, airport and immigration authorities if required during departure, transit and arrival. Accredited Games participants arriving with their PVC will be entitled to use dedicated or priority lanes at immigration and customs when entering Japan through selected Official Ports of Entry.

Tokyo 2020 and the relevant Japanese Government authorities will work with airlines and immigration services worldwide to ensure that all necessary authorities are aware that the PVC can be used as a visa waiver to travel to Japan for the Games.

Tokyo 2020 strongly recommends that all accredited Games participants travel with their PVC even if they would not normally need a visa to enter Japan due to their nationality. This is to demonstrate to airline, airport and immigration authorities the reason for travel, as well as to facilitate a smooth journey through the airport upon arrival in Japan and the onward travel to accommodation.

All non-Japanese nationals will be required to complete a Disembarkation Card for Foreign Nationals and present it at the immigration counter. The cards are usually distributed by airlines during inbound flights to Japan and are also available in the airport prior to reaching the immigration counter. A separate card is required for each person.

Accredited Games participants with requirements to stay in Japan for more than 90 consecutive days will be required to obtain a Certificate of Eligibility prior to departure from their country of residence, and present this to the immigration authorities alongside the PVC and valid passport or travel document upon entry to Japan. For more information and detailed instructions on how to obtain the Certificate of Eligibility, please refer to the Tokyo 2020 Visa and Entry Guide which can be found on Tokyo 2020 Connect.

Tokyo 2020 may not be able to produce and dispatch PVCs for Games participants whose application for accreditation is submitted after the deadline. In such cases it will be the responsibility of the NPC and the individual to obtain an entry visa for Japan (if required for their nationality) through the normal process. This also applies to all non-accredited NPC personnel including recipients of Paralympic Village Guest Passes. Further information on the normal entry and visa processes can be found in the Tokyo 2020 Visa and Entry Guide.

Accreditation validation and Games-time operations

Games participants arriving in Japan through Tokyo (Haneda) International Airport (HND) or Narita International Airport (NRT) will be able to validate their PVCs at the airport, provided their NPC's DRM has been completed.

Games participants arriving through other Ports of Entry should proceed to the appropriate main accreditation centre to complete the accreditation validation process.

Each individual must attend an accreditation facility in person to complete the validation process. Games participants should bring their PVC and the valid identity document that was provided to Tokyo 2020 in the accreditation application.

Tokyo 2020's Accreditation Team will be present at all competition venues, as well as operating the main accreditation centres in the relevant locations for each stakeholder group.

The table below lists all accreditation facilities and the services provided.

Location	PVC validation	Card production	Transfer requests	Lost-stolen replacement	Help desk
Narita International Airport (NRT)	✓	×	×	×	×
Tokyo (Haneda) International Airport (HND)	✓	×	×	×	×
Paralympic Village Accreditation Centre (in the Team Processing Centre)	✓	✓	✓	✓	✓
Paralympic Family Accreditation Centre (at Grand Nikko Tokyo Daiba)	✓	✓	×	✓	✓
Media Accreditation Centres	✓	✓	×	✓	✓
Izu Velodrome Venue Accreditation Office (VAO)	✓	✓	×	✓	Limited*
VAOs at all other competition venues	✓	×	×	✓	×

Note: In some cases, help may be provided remotely by the Accreditation team from the Paralympic Village

Ticketing and accredited seating

Games-time ticket sales

At Games time, available tickets may be purchased through <https://tokyo2020.org/> or at any of the following locations:

- Paralympic Village (ticket box office at the Village Plaza)
- competition venues (ticket box offices operate on competition days at relevant venues)

Complimentary sport tickets

Athletes and officials may access the athletes' stand during competition for their own Sports without a ticket, upon presentation of their Paralympic Identity and Accreditation Card (PIAC). In order to watch competitions at venues in Sports other than their own, athletes and officials will require a ticket.

NPC Chefs de Mission may request complimentary sport tickets called DDA (Different Discipline/Sport Athlete) tickets for their delegation members before the event through the DDA ticket request system provided by Tokyo 2020. DDA tickets will be limited in number, and demand is expected to exceed supply for many venues.

NPC Services will allocate DDA tickets according to factors such as seating capacity, delegation size, NPC participation in a relevant discipline or sport, and so on. Chefs de Mission or their ticketing proxy card holders will be able to collect DDA tickets from the NPC Services Centre in the Paralympic Village.

Accommodation

During the Tokyo 2020 Paralympic Games, the Paralympic Village will accommodate approximately 8,000 athletes and team officials. Athletes and officials will also reside in Cycling accommodation, while grooms and veterinarians will reside in specific grooms' accommodation.

A brief summary of the Paralympic Village follows below.

Paralympic Village

The Paralympic Village is at the Harumi district on Tokyo's waterfront and accommodates up to 8,000 residents. The Village will officially open at 08:00 on Tuesday 18 August 2020 and close at 18:00 on Wednesday 9 September 2020.

The Paralympic Village is in a convenient location with good access to competition venues in both the Heritage Zone and Tokyo Bay Zone, as well as the famous touristic landmarks of Tokyo.

The Cycling accommodation is located outside Tokyo: the Cycling Track accommodation is in Izu City, Shizuoka Prefecture and the Cycling Road accommodation is at hotels in Fujikawaguchiko-machi and Fujiyoshida-shi in Yamanashi Prefecture.

Beginning at 08:00 on Tuesday 18 August 2020, and once DRMs and Inventory & Inspections (I&Is) have been completed for an NPC, all athletes and team officials from that NPC residing in the Paralympic Village may arrive at the Team Processing Centre (TPC, formerly known as the Welcome Centre), where luggage and equipment will be screened.

Accommodation

The total number of apartment units is 3,800 in 21 residential buildings with 14 to 18 floors each. The Village is divided into four residential blocks and is surrounded by the ocean on three sides. For the Paralympic Games, the residential buildings will be used up to the 10th floor.

Each apartment contains between two to eight beds and consists of bedrooms and a common space (some units have combined bedroom and common space). The number of bathrooms per apartment will depend on the number of residents. Free-of-charge Wi-Fi service will be available in the residential buildings.

Please note, in Japan the ground floor is called "first floor" and it continues to the second, and third floor onwards. The floor buttons in the lift starts from 1 and continue to 2, 3, 4 onwards.

Residential Centre

There are four residential blocks in the Paralympic Village and five residential centres, with at least one residential centre per residential block. Four residential centres operate 24 hours a day and one opens from 07:00 to 22:00.

In each residential centre a front desk will assist with issues related to accommodation services in the Village, including housekeeping requests, maintenance issues and lost keys. They will also have Info terminals, internet access, and lounge and meeting facilities.

Multi-Function Complex (MFC)

The Multi-Function Complex (MFC) in the Paralympic Village is a building of three floors which houses a number of services including the Polyclinic, casual dining facilities, recreation rooms, fitness centre, gymnasium and multi-faith centre.

Food Services

The Main Dining Hall will be located in the Residential Zone adjacent to the Athlete Transport Mall and will operate on a 24-hour basis from Tuesday 18 August until Wednesday 9 September 2020. A menu, rotated on an eight-day cycle, will provide a wide range of meal choices and cater to all nutritional needs.

Additional dining options in the Paralympic Village will include 'grab-and-go' stations in the residence areas, casual dining in the Multi-Function Complex area as well as the Plaza Cafe in the Village Plaza.

From Tuesday 18 August until Sunday 6 September 2020, Athlete Venue Meals (AVMs) will be available for athletes and officials who will be away from the Paralympic Village for longer than four hours due to competition or training.

AVMs must be ordered from the Sport Information Centre (SIC) at the Paralympic Village in advance. Meals will be prepared at the venue and available for collection from the Athletes' Lounge.

AVMs will be cold packed meals consisting of sandwiches, salads, fruits, desserts, yogurt, etc. Vegetarian meals are available but need to be specified when ordering.

Fitness Centre

The Fitness Centre is located on the third floor of the MFC. The facility is open 24 hours a day except when closed for cleaning or maintenance. There will be a significant selection of cardiovascular equipment, free weights and power racks. There also will be a conditioning space for stretching and warming-up/cooling-down. Showers and saunas separated by gender will be also available.

Recreation

The following areas located on the second floor of the MFC will be available to the Paralympic Village residents for relaxation and recreation:

- Drink area and TV lounge where athletes can gather, socialise, relax and watch TV.
- Electronic games room featuring arcade and video games which is open between 10:00 and 24:00. Other recreation facilities will be communicated at a later date.

Multi-faith centre

Tokyo 2020 will provide a multi-faith centre for worship and meditation on the third floor of the MFC with spaces for people of various religions. Operation hours will be notified at a later date.

Village Plaza

The Village Plaza, located next to the main entry of the Village, is designed as a communication spot for athletes, competition partners, team officials, guests, and media. The Village Plaza comprises several retail services.

The Village Plaza will be built in a sustainable way, using locally sourced timbers. After the Games, the timber will be re-used by various local government facilities.

The Village Plaza is a one-story temporary building where accessible toilets will be installed based on the Tokyo 2020 accessibility guidelines.

Repair services

Ottobock will be the official provider for wheelchair, orthotic and prosthetic repair services for athletes, NPC Team Officials, IF Games Officials and members of the Paralympic Family during the Tokyo 2020 Paralympic Games. Repairs will be conducted free of charge for damage to wheelchairs, orthotics or prostheses.

Repair services will be available at Village Plaza in the Paralympic Village (main workshop) and at competition venues (satellite workshops). A mobile unit will be available where necessary.

For more details please see p44-45.

Cycling Accommodation

The Cycling Track accommodation is located at Izu City in Shizuoka prefecture, about 20km from the Cycling Track competition venue and 160km from the Paralympic Village.

The Cycling Track accommodation uses an existing resort hotel (Laforet Resort Shuzenji) which is surrounded by forest. Mt. Fuji can be seen from the premises and it is an ideal environment where athletes can relax as it includes natural hot springs.

The Cycling Road accommodation hotels are located near Lake Kawaguchi in Yamanashi Prefecture, about 24km from the Cycling Road competition venue and 120km from the Paralympic Village.

Transport

During the Tokyo 2020 Paralympic Games, the TA (Transport for Athletes) system will provide transport services for athletes and team officials (Aa, Ab, Ac, Ao and P alternate athletes) and their accompanying luggage and personal sport equipment from Tuesday 18 August to Wednesday 9 September 2020.

The TA bus system will provide the following transport services:

- arrivals and departures services from/to Tokyo International Airport (Haneda)/Narita International Airport to/from the Paralympic Village
- arrivals and departures services from/to Tokyo International Airport (Haneda)/Narita International Airport to/from the Cycling accommodation
- transport between the Paralympic Village and official competition and training venues
- transport between the Cycling accommodation and official competition and training venues
- Internal Village Transport Service (IVTS) operating inside the Paralympic Village
- Different Discipline Athlete (DDA) spectating services
- ceremony services
- transport between the Paralympic Village and the Cycling accommodation

TA training and competition services

Transport services between the Paralympic Village and competition and training venues for athletes and team officials will operate from Tuesday 18 August 2020 (the opening date of the Paralympic Village) to Sunday 6 September 2020 (the date of the Closing Ceremony), based on training and competition schedules.

Transport services to the training venues will continue until the final official training session of each sport.

There will be a higher frequency of transport services during peak periods, which is the three-hour period before competition and the two-hour period after competition. Transport services will be reduced during competition hours when demand is expected to be low. Services will be available every 15 to 30 minutes during peak periods, and every 60 minutes outside of peak periods.

Internal Village Transport Service (shuttle bus service)

A daily Internal Village Transport Service (IVTS) shuttle will operate in the Paralympic Village. The IVTS will connect key locations inside the Village, including the NPC Service Centre, Main Dining Hall and Residential Zone. The operational times are to be confirmed and frequency will vary depending on the time of day.

Team Sport Vehicles

Each team participating in a team sport will be provided with a bus for their exclusive use. Multiple teams will not travel together.

The team sport bus will be operated on a pre-arranged schedule. The service will start on Tuesday 18 August 2020 and finish on the day following a team's final match.

Buses will be provided for the following team sports: Football 5-a-side, Goalball, Sitting Volleyball, Wheelchair Basketball and Wheelchair Rugby.

NPC dedicated vehicles

The number of dedicated vehicles allocated to each NPC will be confirmed at the Delegation Registration Meeting (DRM) and will be based on the NPC delegation size.

Equipment transfers

Tokyo 2020 Logistics will operate a scheduled free service for the transfer of athlete sport equipment between the Paralympic Village and competition and training venues (non-competition venues other than the Paralympic Village are not included). NPCs can request assistance with inter-venue transfers from the Logistics desk in the NPC Services Centre in the Paralympic Village.

Public transport (TP)

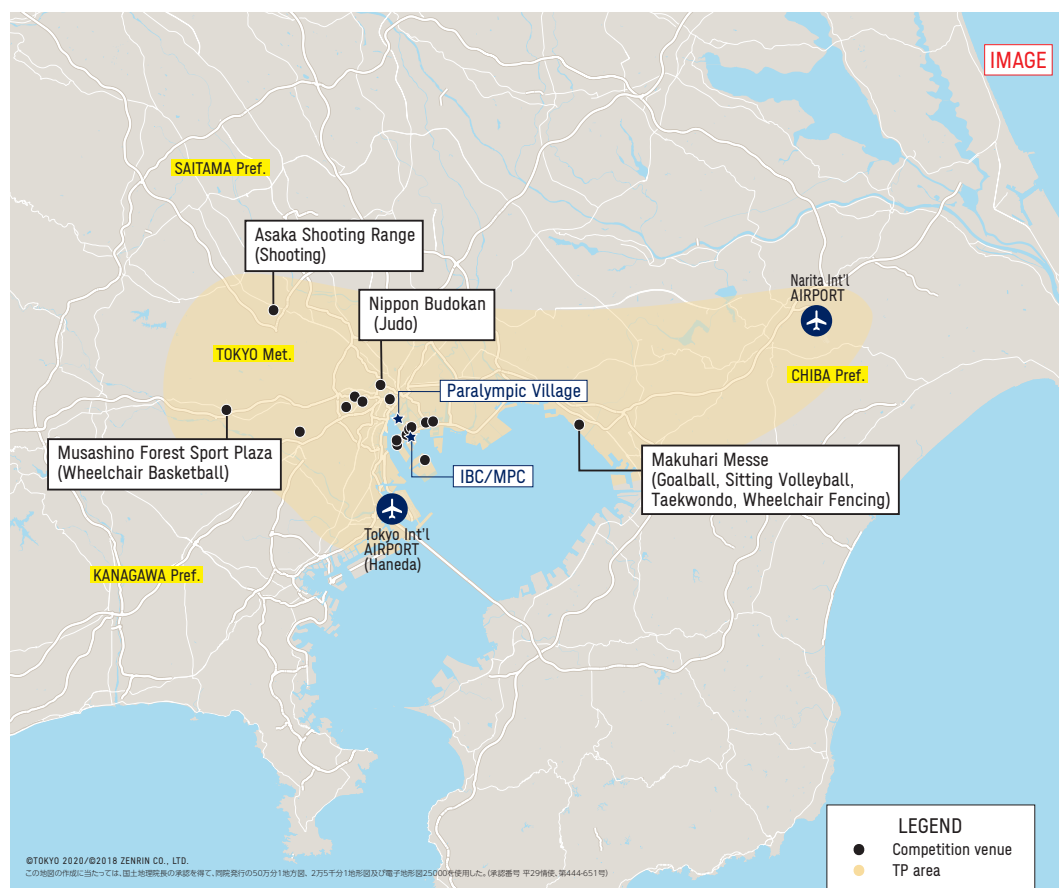
Accreditation holders will be provided with a public transport card, which can be used an unlimited number of times to travel free of charge on railway, subway and monorails between Thursday 13 August and Wednesday 9 September 2020.

Transport cards will be provided upon validation of Pre-Valid Card (PVCs), except at accreditation validation counters located outside of the transport card service area.

The service area will include competition venues, training venues and official hotels in the Tokyo area, and Narita and Tokyo (Haneda) International Airports (for details, see map below).

Users will need to pay additional fees if they go beyond the service area, use limited express trains or make seat reservations.

The public transport card is not transferable. Some details are currently under consideration, such as use of transport cards on buses, and procedures for loss and reissue. More information will be announced at a later date.



Medical services

Public health services, including disease surveillance, communicable disease control, food and water quality control and air quality monitoring will be in place throughout Japan during the Games.

There are no vaccination requirements for entering Japan, but NPCs are advised to consult their local physician prior to travelling to Japan to ensure up to date vaccination for all Vaccine Preventable Diseases according to pre-travel advice.

A basic summary of medical services at the Games is given below. Full details will be provided in the Healthcare Guide which will be distributed to NPCs by Tokyo 2020 no later than six (6) months before the Games.

Paralympic Village Polyclinic

The Village Polyclinic will be located in the Residential Zone of the Paralympic Village and will be the main treatment provider for athletes and NPC team officials during the Games. The Village Polyclinic will be open from Tuesday 18 August to Wednesday 9 September 2020 from 07:00 to 23:00, with emergency services operating 24 hours a day.

Services in the Polyclinic will include:

- emergency services
- orthopaedics (primary care and sports medicine for injury)
- internal medicine (primary care and sports medicine for illness)
- female athlete medicine (sports medicine for female athletes)
- dentistry
- ophthalmology
- specialised medical services
- physical therapy including cryotherapy (icing, ice bath)
- laboratory services
- imaging
- pharmacy

NPC team doctors

NPC team doctors must register in advance with Tokyo 2020 to provide medical services to members of their delegation during the Games. Registration is free of charge. Full details of the registration process will be sent to NPCs in September 2019.

In cases where it is necessary for NPC delegation members to be transferred to a hospital, an NPC team doctor may accompany the patient and discuss clinical management with the hospital medical team. The hospital medical team will provide treatment as the NPC team doctor is not permitted to practice at hospitals in Japan. The clinical responsibility reverts to the NPC team doctor upon discharge from the hospital.

NPC team doctors will be able to prescribe medicine at pharmacy in the Paralympic Village Polyclinic and request imaging and laboratory testing.

Competition venue athlete medical services

At least one dedicated athlete medical station will be present at all official Tokyo 2020 competition and training venues. Each medical station will provide services such as first aid and emergency care to athletes, team officials and technical officials. Athlete medical stations will be equipped with essential first aid and emergency equipment.

Ambulance units will be stationed at all official Tokyo 2020 competition venues and some training venues. Ambulance teams will be made up of three people, including one or more paramedics. All ambulance team members are ALS (Advanced Life Support) compliant, according to Japanese law.

Field of Play response

Field of Play (FOP) response teams will provide first aid and emergency services to athletes and officials on the FOP should such services be required. If necessary, the patient will be retrieved from the FOP and transported to the athlete medical station, Polyclinic or designated hospital as appropriate. The order of response on the FOP and any decision-making will differ in each venue in accordance with the rules of the respective IF.

Spectator medical services

All official Tokyo 2020 competition venues will have at least one spectator medical staffed by experienced medical personnel and stocked with appropriate equipment, supplies and medication. First aid and emergency medical services will also be provided to all other client groups, including spectators, workforce, media, sponsors, volunteers, contractors, VIPs and Paralympic Family. There will also be teams of first responders circulating throughout the venue to respond to any medical situation that occurs.

Official training venue medical services

Medical services at official training venues will depend on the size of the venue, the number of sports taking place, and the relevant IF regulations.

Designated Games hospitals

If the necessary medical services cannot be provided at the Paralympic Village Polyclinic or at the venue medical station, the athlete or team official will be transferred to designated Games hospitals in central Tokyo or in the co-host city. Designated Games hospitals will be announced at a later date.

Any patient suffering from a life-threatening condition at any of the venue zones will be taken to the nearest hospital.

Anti-Doping

Tokyo 2020 is committed to delivering a world-class anti-doping programme during the Tokyo 2020 Paralympic Games. Under the direction of the International Paralympic Committee, the Tokyo 2020 anti-doping programme will ensure the integrity of sport is upheld and protect the rights and health of the athletes.

Tokyo 2020's anti-doping programme will:

- implement an effective doping control programme by sharing intelligence mainly with the World Anti-Doping Agency (WADA), International Federations (IFs), National Anti-Doping Organisations (NADOs) and law enforcement agencies;
- conduct testing anytime and anywhere without prior notice from the opening of Paralympic Village (Tuesday 18 August 2020) to the Closing Ceremony (Sunday 6 September 2020);
- implement in-competition testing (commencing 12 hours before a competition in which the athlete is scheduled to participate until the end of sample collection processes related to such competition) and out-of-competition testing (in any period which is not in-competition) as stipulated in the World Anti-Doping Code, International Standards and IPC Anti-Doping Code;
- collect urine and blood samples;
- perform state-of-the-art analysis at a WADA-accredited laboratory dedicated to the Games.

Pre-Games education

Tokyo 2020 encourages each NPC to give anti-doping education to the athletes, athlete support personnel (such as coaches) and any medical staff in close collaboration with their NADOs, Regional Anti-Doping Organisations and/or National Federations. Each NPC should make sure to inform the above stakeholders of the following information:

1. anti-doping rules and procedures that will be in place during the Games*
2. 2020 Prohibited List International Standard*
3. risks associated with supplement use
4. athlete whereabouts requirements*
5. International Standard for Therapeutic Use Exemption (ISTUE)*
6. basic principles of anti-doping to preserve the values of Paralympism and sport

* Detailed procedures for TUE and athlete whereabouts will accompany the IPC Anti-Doping Code.

In addition, any NPC medical doctors participating in the Games will be required to complete the WADA's Sport Physician's Tool Kit and agree to be bound by the Paralympic Movement Medical Code.

Games-time Operations

Transportation from the competition venue to the Paralympic Village will be available for athletes and representatives once they have completed doping control.

If an athlete is residing outside the Paralympic Village, it will be the responsibility of the NPC to provide transport for the athlete back to his/her accommodation.

Therapeutic Use Exemptions

Athletes competing at the Paralympic Games must have a TUE certificate for permission to use substances or methods contained in the Prohibited List for therapeutic purposes. A TUE for the Games will be granted and recognised in accordance with the IPC Anti-Doping Code.

Further details are available in the Chefs de Mission Dossier and will also be available in the Doping Control Guidebook scheduled for publication at the beginning of 2020.

Classification

Classification provides a structure for Paralympic competition. Athletes competing in para sports have an impairment that leads to a competitive disadvantage. Classification determines who is eligible to compete in a para-sport and groups the eligible athletes into sport classes according to the impact of impairment on specific sport activities. The classification system minimises the impact of impairments on sport performance and ensures the success of an athlete is determined by skill, fitness, power, endurance, tactical ability and mental focus.

All athletes at the Tokyo 2020 Paralympic Games must comply with their respective sport's eligibility criteria, as stipulated in the Tokyo 2020 Paralympic Games Qualification Guide. This also applies to athletes nominated by their NPC using a Bipartite Commission application, by a Universality Wild Card (UWC) application, or as substitutes between the final entries deadline and the Delegation Registration Meeting (DRM) if applicable.

Athlete-specific classification data (sport class and sport class status) will be uploaded onto the Sport Entries system from the Classification Master Lists provided to Tokyo 2020 by the respective International Federations by 15 June 2020, consistent with the IPC's zero-classification policy. NPCs should ensure their athletes are classified before 15 June 2020. This will help to ensure the online Sport Entries module is up to date and will allow NPCs to enter their athletes into the correct corresponding events. Any changes in classification occurring after 15 June 2020 must be reported to the IPC and Tokyo 2020 Sport Entries department immediately.

Further overall and sport-specific information on classification for the Tokyo 2020 Paralympic Games will be available in the Tokyo 2020 Paralympic Games Sport Entries and Classification Manual, published on Tokyo 2020 Connect in April 2020.

Repair services

Ottobock will be the official provider for wheelchair, orthotic and prosthetic repair services for athletes, NPC Team Officials, IF Games Officials and members of the Paralympic Family during the Tokyo 2020 Paralympic Games. Repairs will be conducted free of charge for damage to wheelchairs, orthotics or prostheses.

Repair services will be available at the Facility Service Centre in the Paralympic Village (main workshop) and at competition venues (satellite workshops). A mobile unit will be available where necessary.

The main workshop will be available from Tuesday 18 August to Wednesday 9 September 2020. The regular operating hours of the repair service will be from 08:00 to 23:00, however an emergency phone number will also be available for repairs needed outside these hours. This phone number will be communicated to NPCs in the Chefs de Mission Manual.

Repair stations at competition venues will provide basic repairs and spare parts to facilitate athletes' readiness for competition. The stations will be operational one day before the start of competition at each venue until the last day of competition for the respective sport/discipline.

Repair services will be available one hour prior to the start of each day's competition until the conclusion of competition.

Details of repair stations at competition venues are listed below:

Sport	Venue	Wheelchair	Orthotics and prostheses
Athletics*	Olympic Stadium	✓	✓
Archery	Yumenoshima Park Archery Field	✓	✓
Badminton	Yoyogi National Stadium	✓	✓
Boccia	Ariake Gymnastics Centre	✓	×
Canoe	Sea Forest Waterway	✓	✓
Cycling Road	Fuji International Speedway	✓	✓
Cycling Track	Izu Velodrome	×	✓
Equestrian	Equestrian Park	×	×
Football 5-a-side	Aomi Urban Sports Park	×	×
Goalball	Makuhari Messe Hall C	×	×
Judo	Nippon Budokan	×	×
Powerlifting	Tokyo International Forum	×	×
Rowing	Sea Forest Waterway	×	×
Shooting	Asaka Shooting Range	×	×
Sitting Volleyball	Makuhari Messe Hall A	×	×
Swimming	Tokyo Aquatics Centre	×	×
Table Tennis	Tokyo Metropolitan Gymnasium	✓	×
Taekwondo	Makuhari Messe Hall B	×	×
Triathlon**	Odaiba Marine Park	✓	✓
Wheelchair Basketball	Musashino Forest Sport Plaza	✓	×
Wheelchair Basketball	Ariake Arena	✓	×
Wheelchair Fencing	Makuhari Messe Hall B	✓	×
Wheelchair Rugby	Yoyogi National Stadium	✓	×
Wheelchair Tennis	Ariake Tennis Park	✓	×

*includes Athletics warm-up area

**service provided by mobile unit

An on-demand repair service mobile unit will be available to attend peak periods and other cases where the repairs cannot be conducted at the Paralympic Village or competition venue.

Sport information

The Sport Information Centre (SIC) will be located in the NPC Services Centre in the Paralympic Village and will provide key sport-specific information to teams through dedicated Sport Information Desks (SIDs). SIDs will also be available at every competition venue. A variety of services and information will be available at the SIC/SID, including:

- general competition-related information and sport-related communications from Tokyo 2020 sport competition teams or International Federations
- distribution of results, draws, start lists, daily training schedules and other key information
- booking of Games-time training slots and allocation of training sessions at competition and training venues for selected sports
- transport information and scheduling of team sport buses
- Athlete Venue Meal (AVM) bookings

The SIC will be open every day from Tuesday 18 August to Wednesday 9 September 2020 between the hours of 07:00 and 22:00. Hours may change depending on demand.

Please note, athletes are not permitted in the SIC/SID. To ensure the best possible service levels, only properly accredited NPC team officials will be allowed into SIC/SID spaces.

Info

Info is the official Games-time intranet for the Paralympic Family. It will be available in all competition and non-competition venues from Thursday 20 August 2020 and will contain the following information in English.

Info Content and Details	
Background	Historical data, statistics, competition formats and rules, qualification criteria and venue descriptions
Biographies	Athlete biographies and team, coach, referee, judge and NPC profiles
Ceremonies	Details about Opening Ceremony, Closing Ceremony and medal ceremonies, including timings and participants
Games News	Flash quotes, press conference highlights, sport previews, news articles, statistic-driven reports, media communications and IPC news
Medals	Medal standings by sport, overall medal standings, and medallists by day, sport and event
Records	World and Paralympic records, including current records, record holders and new/equalled records
Results	Competition results viewable by sport, date and NPC. Includes entry lists, start lists, results and additional sport-specific reports
Schedules	Competition and non-competition schedules, including press conferences, IPC activities, etc

myInfo is the online version of Info and is available for users with an internet connection and login account (username and password) from anywhere in the world. myInfo provides additional features not available on Info, such as:

- customisation (ability for users to create their own schedules by selecting only those sports and events of interest to them)
- bookmarking of results, reports and other Games information
- hyperlinking to other websites, such as those of the IPC and IFs
- downloadable results books
- copy and paste functionality

Medals and diplomas

Medals and diplomas will be awarded in each event as follows:

First place: a gold (silver gilt) medal, a diploma, a Paralympic medallist's pin and a medal box

Second place: a silver medal, a diploma, a Paralympic medallist's pin and a medal box

Third place: a bronze medal, a diploma, a Paralympic medallist's pin and a medal box

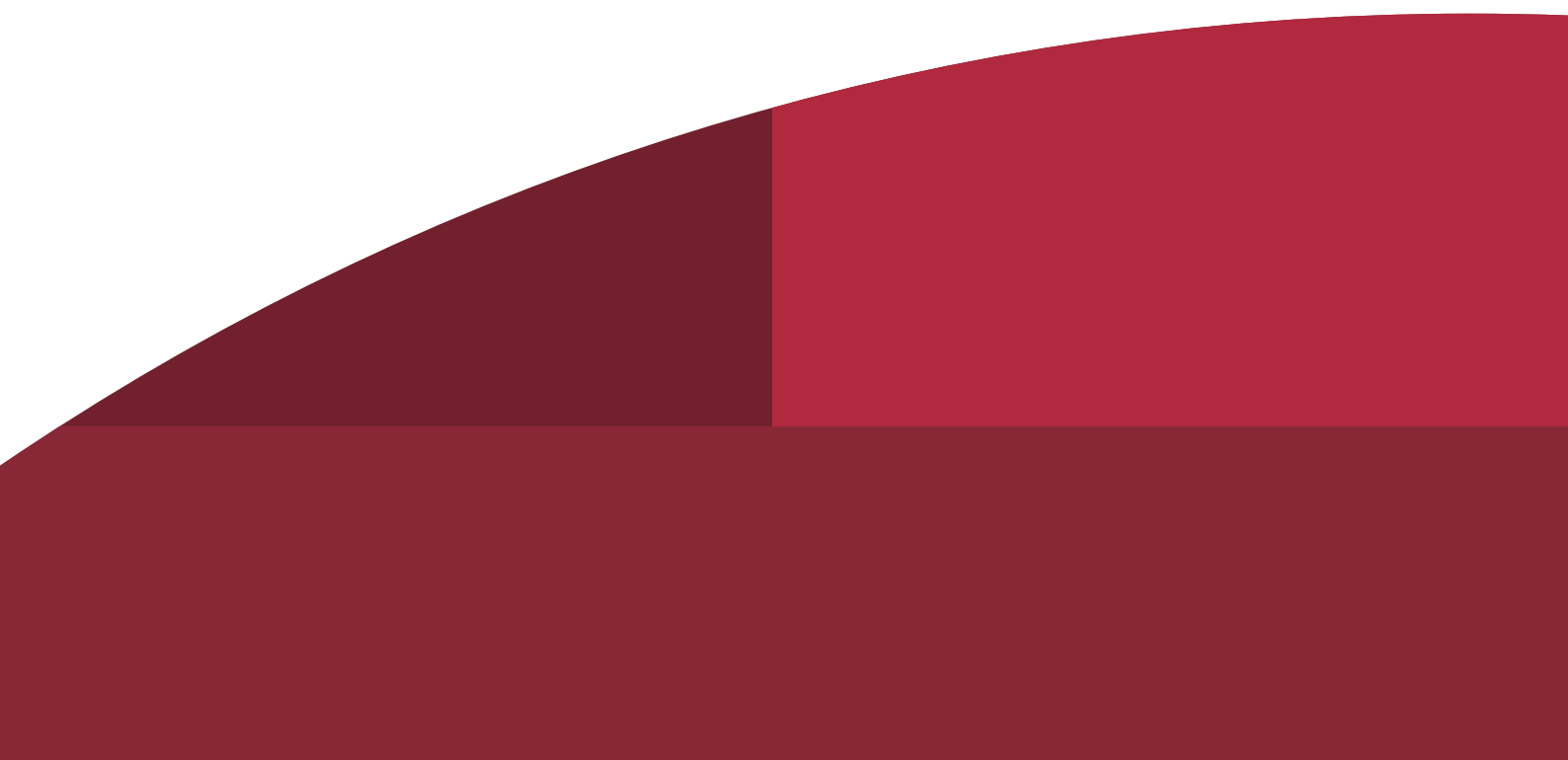
Fourth, fifth, sixth, seventh and eighth places: a diploma

Sport entries and qualification

Entries to the Paralympic Games are the responsibility of the National Paralympic Committees (NPCs), upon recommendations provided by their respective National Federations (NFs) and based on qualification systems defined by the International Federations (IFs) and approved by the IPC. Detailed sport-by-sport qualification systems are available and regularly updated on Tokyo 2020 Connect.

4

Directory



The Tokyo Organising Committee of the Olympic and Paralympic Games (Tokyo 2020)

Tokyo won the right to stage the Games of the XXXII Olympiad on 7 September 2013. The Tokyo Organising Committee of the Olympic and Paralympic Games (Tokyo 2020) is a private, not-for-profit sports association that was officially formed on 24 January 2014. Spearheaded by former prime minister of Japan, Yoshiro Mori, as president, the organising committee is composed of members from various organisations including the Japanese Olympic Committee (JOC), Japanese Paralympic Committee (JPC), Tokyo Metropolitan Government (TMG) and the national government of Japan.

Tokyo 2020 was assigned its mission by the International Olympic Committee (IOC) and International Paralympic Committee (IPC) and must follow their guidance, the Host City Contract, the Olympic Charter, the IPC Handbook, World Anti-Doping Agency (WADA) regulations and Japanese law.

Tokyo 2020 works in cooperation with Olympic and Paralympic Worldwide Partners, Gold Partners, Official Partners and Official Supporters.

Tokyo 2020

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Japan

Tel: +81 5 7009 2020 (general enquiries)

Online enquiries: https://enquiry.tokyo2020.org/CPR_Enquiry

URL: <https://tokyo2020.org>

President:
Yoshiro Mori

Chief Executive Officer:
Toshiro Muto

Chief Operations Officer:
Yukihiko Nunomura

Games Delivery Officer:
Hidemasa Nakamura

Sports Director:
Koji Murofushi

NOC/NPC Relations & Services Director:
Toru Kobayashi
email: npc.svc@tokyo2020.jp

Taekwondo Sport Manager:
Hiroaki Onohara
email: hiroaki.onohara@tokyo2020.jp

International Paralympic Committee (IPC)

The global governing body of the Paralympic Movement, the International Paralympic Committee (IPC), organises the Paralympic Games and serves as the International Federation (IF) for four Paralympic Summer Games sports (Athletics, Powerlifting, Shooting and Swimming), for which it also supervises and coordinates World Championships and other competitions. The IPC is committed to enabling Paralympic athletes to achieve sporting excellence and to developing sport opportunities for all persons with an impairment, from beginner to elite level. In addition, the IPC aims to promote the Paralympic values, which include courage, determination, inspiration and equality. Founded on 22 September 1989, the IPC is an international non-profit organisation made up of 175 National Paralympic Committees (NPCs) from five regions, 15 IFs and four International Organisations of Sports for the Disabled (IOSDs).

International Paralympic Committee

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President:
Andrew Parsons

Chief Executive Officer:
Mike Peters

**Paralympic Games Sport & IF
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Jürgen Padberg

World Taekwondo (WT)

World Taekwondo is responsible for overseeing the sport of Taekwondo around the world. WT recognises 209 affiliated member nations as national governing bodies within their respective countries. Established in 1973 as the World Taekwondo Federation (WTF) and recognised by the IPC in October 2013, the organisation changed its name to World Taekwondo just prior to the 2017 World Championships.

WT Seoul headquarters

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Switzerland
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Fax: +41 216015983
email: office@worldtaekwondo.org
URL: www.worldtaekwondo.org

All Japan Taekwondo Association (AJTA)

Taekwondo was first represented in Japan in 1981 when the Japan Taekwondo Association, the predecessor of the All Japan Taekwondo Association (AJTA), was established. Two years later, the sport was officially recognised nationwide when the Japan Taekwondo Association became affiliated with the Japanese Olympic Committee (JOC) as an associate member. Through the restructuring of the organisation in 2005, it made a new start under the name of All Japan Taekwondo Association which is the sole national federation in Japan recognised by World Taekwondo (WT). Following the International Paralympic Committee (IPC) decision to include Taekwondo in the Tokyo 2020 Paralympic programme, AJTA established a Para Committee within the organisation in 2016 and thereby became affiliated with the Japanese Paralympic Committee (JPC). Since then, the AJTA Para Committee has been striving to discover new talents, develop athletes and help popularise Taekwondo as a Paralympic sport.

All Japan Taekwondo Association































































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President:

Noboru Kanehara

Tokyo 2020 - Paralympic Daily Competition Schedule V2.00

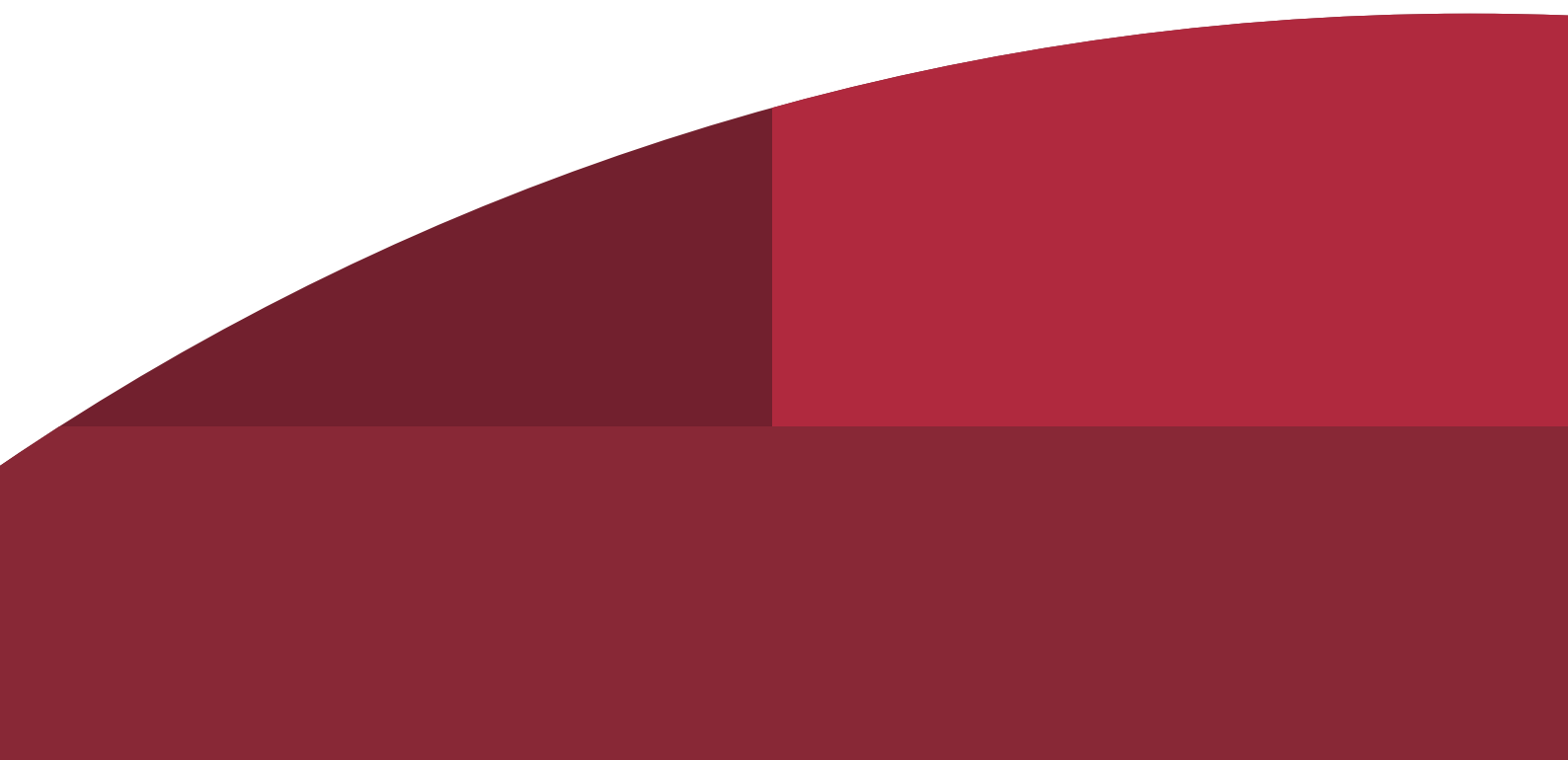
This competition schedule is subject to amendments up until the conclusion of the Paralympic Games Tokyo 2020.

Venue	Sports/Discipline		25 Aug Tue 0	26 Aug Wed 1	27 Aug Thu 2	28 Aug Fri 3	29 Aug Sat 4	30 Aug Sun 5	31 Aug Mon 6	1 Sep Tue 7	2 Sep Wed 8	3 Sep Thu 9	4 Sep Fri 10	5 Sep Sat 11	6 Sep Sun 12	Note
Olympic Stadium	Opening and Closing Ceremonies															
	Athletics	Track & Field														
		Marathon														
Tokyo Metropolitan Gymnasium	Table Tennis															
Yoyogi National Stadium	Badminton															
	Wheelchair Rugby															
Nippon Budokan	Judo															
Tokyo International Forum	Powerlifting															
Equestrian Park	Equestrian															
Musashino Forest Sport Plaza	Wheelchair Basketball															
Ariake Arena	Wheelchair Basketball															
Ariake Gymnastics Centre	Boccia															
Ariake Tennis Park	Wheelchair Tennis															
Odaiba Marine Park	Triathlon															
Aomi Urban Sports Park	Football 5-a-side															
Sea Forest Waterway	Canoe															
	Rowing															
Yumenoshima Park Archery Field	Archery															
Tokyo Aquatics Centre	Swimming															

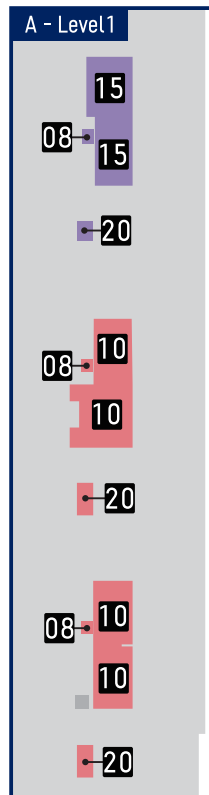
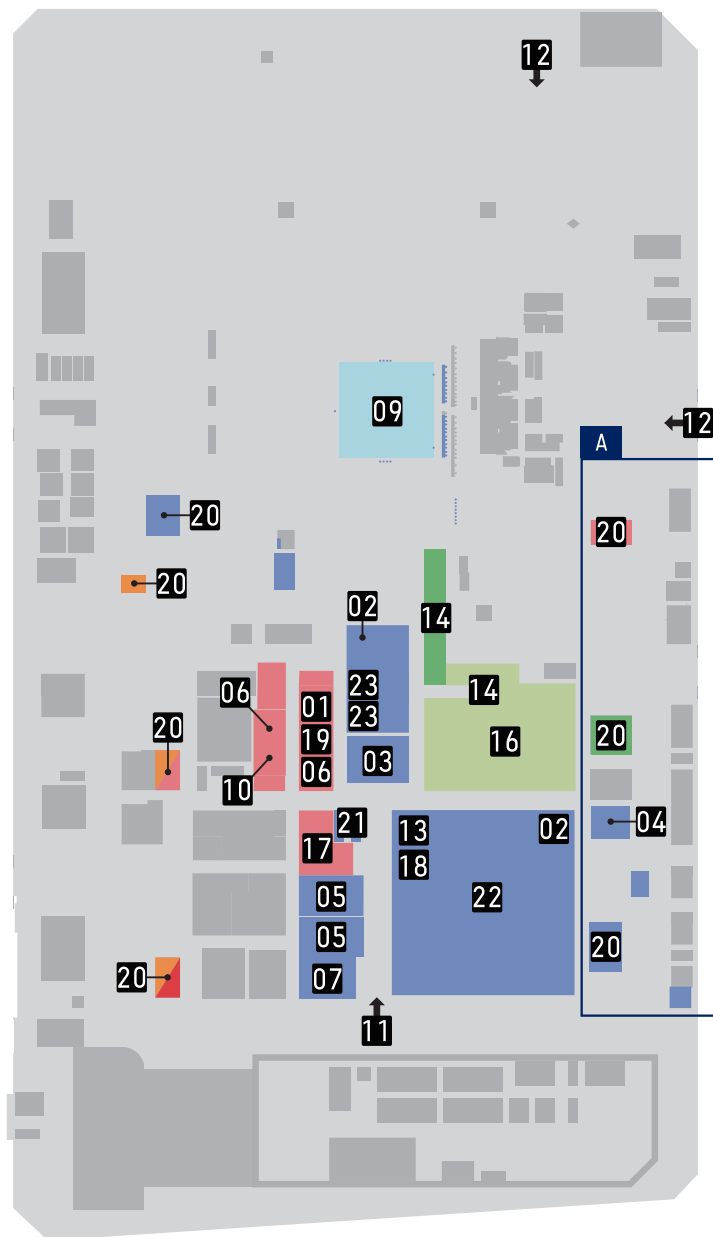
Venue	Sports/Discipline		25 Aug Tue 0	26 Aug Wed 1	27 Aug Thu 2	28 Aug Fri 3	29 Aug Sat 4	30 Aug Sun 5	31 Aug Mon 6	1 Sep Tue 7	2 Sep Wed 8	3 Sep Thu 9	4 Sep Fri 10	5 Sep Sat 11	6 Sep Sun 12	Note
Makuhari Messe Hall A	Sitting Volleyball															
Makuhari Messe Hall B	Taekwondo															
	Wheelchair Fencing															
Makuhari Messe Hall C	Goalball															
Asaka Shooting Range	Shooting															
Izu Velodrome	Cycling	Track														
Fuji International Speedway	Cycling	Road														

5

Maps for Taekwondo



Level0



Taekwondo Makuhari Messe Hall B

LEGEND

- 01 Appeal and Jury Room
- 02 Athletes' Call Room (First/ Final)
- 03 Athletes' Lounge
- 04 Athletes' Medical Room
- 05 Athletes' Changing Room
- 06 Competition Management
- 07 Doping Control Station
- 08 Elevator
- 09 Field of Play (FOP)
- 10 IF Working Area
- 11 Loading Area (Athlete)
- 12 Loading Area (Paralympic Family)
- 13 Massage Area
- 14 Mixed Zone
- 15 Paralympic Family Lounge
- 16 Press Conference Room
- 17 Referees' Room
- 18 Sport Information Desk
- 19 Technical Delegates' Room
- 20 Toilet
- 21 Toilet (Accessible)
- 22 Warm-up Area
- 23 Weigh-in Room

Paralympic Games Venue Master Plan as of April 2019

HERITAGE ZONE

- 1

Opening and Closing Ceremonies
Olympic Stadium
- 2

Table Tennis
Tokyo Metropolitan Gymnasium
- 3

Badminton
Yoyogi National Stadium
- 3

Wheelchair Rugby
Yoyogi National Stadium
- 4

Judo
Nippon Budokan
- 5

Powerlifting
Tokyo International Forum
- 6

Equestrian
Equestrian Park
- 7

Wheelchair Basketball
Musashino Forest Sport Plaza

TOKYO BAY ZONE

- 8

Wheelchair Basketball
Ariake Arena
- 9

Boccia
Ariake Gymnastics Centre
- 10

Wheelchair Tennis
Ariake Tennis Park
- 11

Triathlon
Odaiba Marine Park
- 12

Football 5-a-side
Aomi Urban Sports Park
- 13

Canoe
Sea Forest Waterway
- 13

Rowing
Sea Forest Waterway
- 14

Archery
Yumenoshima Park Archery Field
- 15

Swimming
Tokyo Aquatics Centre
- 16

Sitting Volleyball
Makuhari Messe Hall A
- 17

Taekwondo
Makuhari Messe Hall B
- 17

Wheelchair Fencing
Makuhari Messe Hall B
- 18

Goalball
Makuhari Messe Hall C

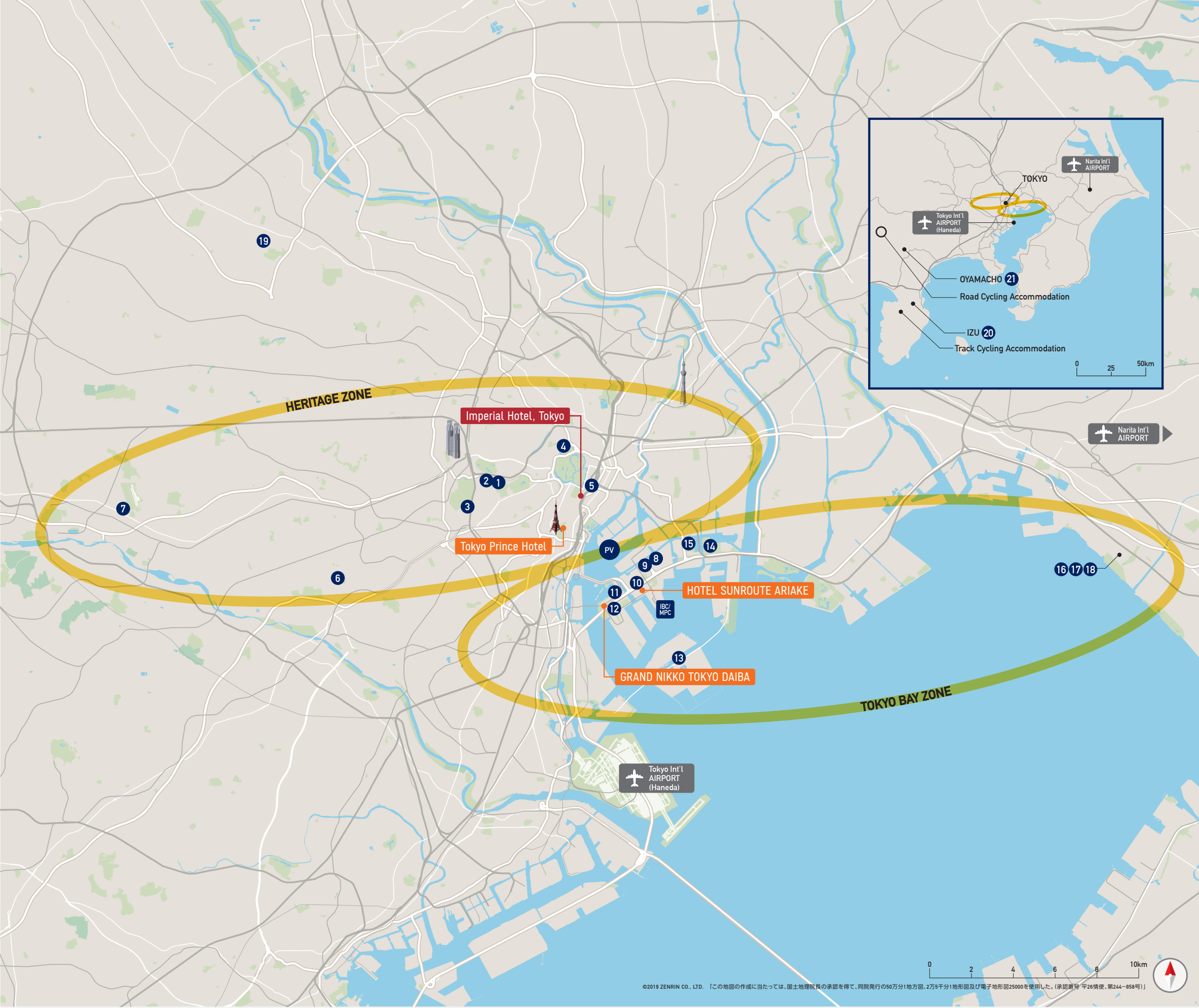
OTHER VENUES

- 19

Shooting
Asaka Shooting Range
- 20

Cycling (Track)
Izu Velodrome
- 21

Cycling (Road)
Fuji International Speedway



- PV

Paralympic Village
- IBC/MPC

IBC/MPC Tokyo International Exhibition Centre (Tokyo Big Sight)
- 00

Competition Venue
- Dignitaries
- PFH

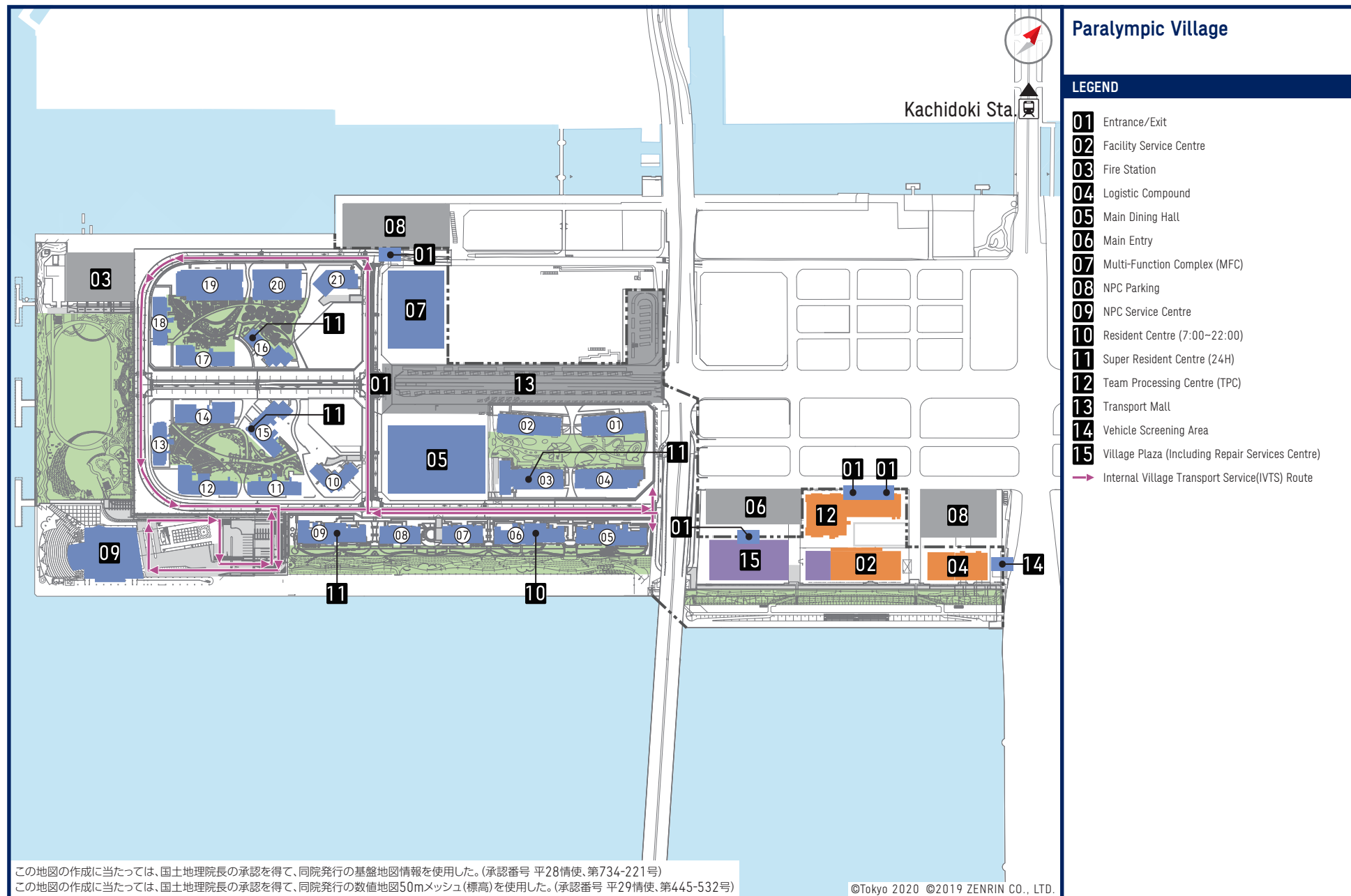
- Road Network

Motorway

Major urban arterial network
- Rail Lines

Japan railway

Private railway





The Worldwide Paralympic Partners



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